

## Santa's Snacks

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SNACKS</b>											
<b>Bavarian Pretzel w/ Cheese</b>	<b>1 each</b>	<b>408</b>	<b>14</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1312</b>	<b>60</b>	<b>2</b>	<b>7</b>	<b>9</b>
Pretzel- Bavarian	4 Ounce	318	7	2	0	0	522	52	2	5	9
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
<b>Fried Oreos</b>	<b>4 Oreos</b>	<b>1898</b>	<b>66</b>	<b>16</b>	<b>0</b>	<b>39</b>	<b>1586</b>	<b>306</b>	<b>7</b>	<b>134</b>	<b>19</b>
Cookies- Oreo	9.6 Ounce	1289	53	14	0	0	1050	196	5	110	10
Funnel Cake Mix	4.00 Ounce	413	2	0	0	39	536	87	2	2	9
Fry Oil- Soybean	0.4 Ounce	105	11	2	0	0	0	0	0	0	0
Sugar, Powdered	0.8	91	0	0	0	0	0	23	0	22	0
<b>Funnel Cake w/ Powdered Sugar</b>	<b>1 each</b>	<b>708</b>	<b>7</b>	<b>1</b>	<b>0</b>	<b>52</b>	<b>717</b>	<b>145</b>	<b>3</b>	<b>30</b>	<b>12</b>
Funnel Cake Mix	5.35 Ounce	553	2	0	0	52	717	117	3	3	12
Fry Oil- Soybean	.16 Ounce	42	5	1	0	0	0	0	0	0	0
Sugar, Powdered	1 Ounce	113	0	0	0	0	0	28	0	27	0
<b>Kettle Corn</b>	<b>1 Bag</b>	<b>2415</b>	<b>109</b>	<b>15</b>	<b>0</b>	<b>0</b>	<b>4300</b>	<b>369</b>	<b>31</b>	<b>206</b>	<b>25</b>
Popcorn- Mushroom	7.275 Ounce	688	6	0	0	0	63	163	31	0	25
Sugar- White	.2525 Ounce	771	0	0	0	0	0	206	0	206	0
Table Salt	.375 Ounce	0	0	0	0	0	4237	0	0	0	0
Fry Oil- Soybean	3.625 Ounce	956	103	15	0	0	0	0	0	0	0
<b>Nachos</b>	<b>1 each</b>	<b>402</b>	<b>20</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1035</b>	<b>50</b>	<b>2</b>	<b>2</b>	<b>4</b>
Chips- Tortilla, Yellow Round	2.2 Ounce	312	13	2	0	0	245	42	2	0	4
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
<b>Cotton Candy Floss- Blue Raspberry</b>	<b>1 Bag</b>	<b>380</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>106</b>	<b>0</b>	<b>106</b>	<b>0</b>
<b>Popcorn</b>	<b>1 box</b>	<b>452</b>	<b>30</b>	<b>24</b>	<b>0</b>	<b>0</b>	<b>1455</b>	<b>45</b>	<b>9</b>	<b>0</b>	<b>7</b>
Popcorn- Maxi Pop	2 Ounce	189	2	0	0	0	17	45	9	0	7
Coconut Oil	1 Ounce	263	28	24	0	0	0	0	0	0	0
Flavacol Salt	.125 Ounce	0	0	0	0	0	1437	0	0	0	0
<b>ADD-ONS</b>											
<b>Jalapenos- Sliced</b>	<b>2oz cup</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>280</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>
<b>Topping- Chocolate Sauce (Da Vinci)</b>	<b>1 ounce</b>	<b>100</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>40</b>	<b>25</b>	<b>1</b>	<b>23</b>	<b>1</b>
<b>Topping- Strawberry Puree</b>	<b>1 ounce</b>	<b>44</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>7</b>	<b>11</b>	<b>1</b>	<b>10</b>	<b>0</b>
<b>BOTTLED DRINKS</b>											
<b>Milk- 2% Pints</b>	<b>1 Each</b>	<b>120</b>	<b>5</b>	<b>4</b>	<b>0</b>	<b>25</b>	<b>120</b>	<b>11</b>	<b>0</b>	<b>11</b>	<b>8</b>
<b>Starbucks Energy- Coffee</b>	<b>1 Each</b>	<b>210</b>	<b>2.50</b>	<b>1.50</b>	<b>0.00</b>	<b>15.00 m</b>	<b>170.00 m</b>	<b>36.00</b>	<b>0.00</b>	<b>26.00</b>	<b>12.00</b>
<b>Starbucks Energy- Mocha</b>	<b>1 Each</b>	<b>200</b>	<b>2.50</b>	<b>1.50</b>	<b>0.00</b>	<b>15.00 m</b>	<b>160.00 m</b>	<b>33.00</b>	<b>0.00</b>	<b>26.00</b>	<b>12.00</b>
<b>Starbucks Energy- Vanilla</b>	<b>1 Each</b>	<b>210</b>	<b>2.50</b>	<b>1.50</b>	<b>0.00</b>	<b>15.00 m</b>	<b>180.00 m</b>	<b>34.00</b>	<b>0.00</b>	<b>25.00</b>	<b>12.00</b>

## Kringle's Kafe

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>ENTREES</b>											
<b>Pizza Whole, Cheese</b>	<b>8 Slices</b>	<b>4188</b>	<b>183</b>	<b>115</b>	<b>0</b>	<b>364</b>	<b>10755</b>	<b>388</b>	<b>15</b>	<b>35</b>	<b>245</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
<b>Pizza Slice, Cheese</b>	<b>1 Slice</b>	<b>524</b>	<b>23</b>	<b>14</b>	<b>0</b>	<b>46</b>	<b>1344</b>	<b>49</b>	<b>2</b>	<b>4</b>	<b>31</b>
<b>Pizza Whole, Pepperoni</b>	<b>8 Slices</b>	<b>4522</b>	<b>210</b>	<b>124</b>	<b>0</b>	<b>431</b>	<b>11823</b>	<b>388</b>	<b>15</b>	<b>35</b>	<b>256</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
Pepperoni Slices	2.2 ounce	334	27	9	0	67	1068	0	0	0	11
<b>Pizza Slice, Pepperoni</b>	<b>1 Slice</b>	<b>565</b>	<b>26</b>	<b>16</b>	<b>0</b>	<b>54</b>	<b>1478</b>	<b>49</b>	<b>2</b>	<b>4</b>	<b>32</b>
<b>Pizza Whole, Sausage</b>	<b>8 Slices</b>	<b>4452</b>	<b>927</b>	<b>209</b>	<b>0</b>	<b>1927</b>	<b>45382</b>	<b>550</b>	<b>61</b>	<b>25</b>	<b>644</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
Sausage Crumbles, Italian	5 ounce	238	759	112	0	1563	35274	134	45	0	402
<b>Pizza Slice, Sausage</b>	<b>1 Slice</b>	<b>554</b>	<b>116</b>	<b>26</b>	<b>0</b>	<b>241</b>	<b>5673</b>	<b>69</b>	<b>8</b>	<b>3</b>	<b>81</b>
<b>Hamburger</b>	<b>1 Each</b>	<b>439</b>	<b>25</b>	<b>9</b>	<b>0</b>	<b>85</b>	<b>561</b>	<b>26</b>	<b>1</b>	<b>4</b>	<b>25</b>
Buns- Hamburger Seeded	1 Each	130	2	0	0	0	260	24	1	3	4
Hamburger	4 Ounce	300	23	9	0	85	290	0	0	0	21
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0

<b>Cheeseburger</b>	<b>1 Each</b>	<b>540</b>	<b>34</b>	<b>14</b>	<b>0</b>	<b>0</b>	<b>110</b>	<b>1081</b>	<b>26</b>	<b>1</b>	<b>4</b>	<b>30</b>
Buns- Hamburger Seeded	1 Each	130	2	0	0	0	0	260	24	1	3	4
Hamburger	4 Ounce	300	23	9	0	0	85	290	0	0	0	21
Cheese- American Slices	28 Grams	100	9	5	0	0	25	520	0	0	0	5
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	0	1	1	0	1	0
<b>Bacon Cheeseburger</b>	<b>1 Each</b>	<b>585</b>	<b>37</b>	<b>17</b>	<b>0</b>	<b>0</b>	<b>129</b>	<b>1441</b>	<b>27</b>	<b>1</b>	<b>4</b>	<b>36</b>
Buns- Hamburger Seeded	1 Each	130	2	0	0	0	0	260	24	1	3	4
Hamburger	4 Ounce	300	23	9	0	0	85	290	0	0	0	21
Cheese- American Slices	28 Grams	100	9	6	0	0	25	520	1	0	0	5
Bacon	.32 Ounce	45	3	2	0	0	19	360	0	0	0	6
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	0	1	1	0	1	0
<b>Chipotle Black Bean Burger w/ Cheese</b>	<b>1 Each</b>	<b>381</b>	<b>13</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>13</b>	<b>1076</b>	<b>49</b>	<b>9</b>	<b>6</b>	<b>24</b>
Buns- Hamburger Seeded	1 Each	130	2	0	0	0	0	260	24	1	3	4
Veggie Burger	4.25 Ounce	191	7	1	0	0	0	542	22	8	2	17
Cheese- American Slices	.5 Ounce	51	5	3	0	0	13	263	1	0	0	3
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	0	1	1	0	1	0
<b>Chipotle Black Bean Burger</b>	<b>1 Each</b>	<b>331</b>	<b>9</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>813</b>	<b>48</b>	<b>9</b>	<b>6</b>	<b>21</b>
Buns- Hamburger Seeded	1 Each	130	2	0	0	0	0	260	24	1	3	4
Veggie Burger	4.25 Ounce	191	7	1	0	0	0	542	22	8	2	17
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	0	1	1	0	1	0
<b>Double Cheese Burger</b>	<b>1 Each</b>	<b>841</b>	<b>57</b>	<b>23</b>	<b>0</b>	<b>0</b>	<b>195</b>	<b>1377</b>	<b>26</b>	<b>1</b>	<b>4</b>	<b>51</b>
Buns- Hamburger Seeded	1 Each	130	2	0	0	0	0	260	24	1	3	4
Cheese- American Slices	1 Ounce	101	9	5	0	0	25	526	0	0	0	5
Hamburger	8 Ounce	600	46.00 g	18.00 g	0.00 g	0.00 g	170.00 mg	580.00 mg	0.00 g	0.00 g	0.00 g	42.00 g
Lettuce, Leaf Better Burger, Fresh Case	.57 Ounce	3	0.00 g	0.00 g	0.00 g	0.00 mg	9.51 mg	0.38 g	0.38 g	0.19 g	0.00 g	0.00 g
Onions- Red, Sliced, Fresh Case	.33 Ounce	4	0.00 g	0.00 g	0.00 g	0.00 mg	0.33 mg	0.99 g	0.00 g	0.33 g	0.00 g	0.00 g
Tomatoes- Sliced, Fresh Case	.5 Ounce	3	0.00 g	0.00 g	0.00 g	0.00 mg	0.71 mg	0.71 g	0.00 g	0.71 g	0.00 g	0.00 g
<b>Double Hamburger</b>	<b>1 Each</b>	<b>740</b>	<b>48</b>	<b>18</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>851</b>	<b>26</b>	<b>1</b>	<b>4</b>	<b>46</b>
Buns- Hamburger Seeded 12ct.	1 Each	130	2	0	0	0	0	260	24	1	3	4
Hamburger	8 Ounce	600	46	18	0	0	170	580	0	0	0	42
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	0	1	1	0	1	0
<b>Hot Dog</b>	<b>1 Each</b>	<b>350</b>	<b>24</b>	<b>9</b>	<b>0</b>	<b>0</b>	<b>40</b>	<b>930</b>	<b>23</b>	<b>1</b>	<b>3</b>	<b>12</b>
Buns- Hot Dog	1 Each	110	2	0	0	0	0	220	21	1	2	3
Hot Dog: 8:1 All Beef	1 Each	240	22	9	0	0	40	710	2	0	1	9
<b>PB&amp;J Sandwiches- Grape</b>	<b>1 Each</b>	<b>320</b>	<b>17</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>320</b>	<b>32</b>	<b>3</b>	<b>13</b>	<b>10</b>
<b>SIDES</b>												
<b>Breadsticks</b>	<b>2 each</b>	<b>321</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>467</b>	<b>56</b>	<b>2</b>	<b>2</b>	<b>8</b>
Breadstick- Plain Soft 7.5"	3.5 Ounce	292	3	0	0	0	0	467	56	2	2	8
Fry Oil- Soybean	.11 Ounce	29	3	0	0	0	0	0	0	0	0	0
<b>French Fries</b>	<b>1 Serving</b>	<b>441</b>	<b>23</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>810</b>	<b>57</b>	<b>3</b>	<b>3</b>	<b>3</b>
French Fries	8 Ounce	378	16	5	0	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0	0
<b>Apples- Granny Smith</b>	<b>1 Each</b>	<b>110</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>29</b>	<b>5</b>	<b>22</b>	<b>1</b>
<b>Applesauce- SS Cups</b>	<b>1 Each</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
<b>Chips- BBQ Kettle SS Bags</b>	<b>1 Each</b>	<b>210</b>	<b>12</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>23</b>	<b>2</b>	<b>3</b>	<b>2</b>
<b>Chips- Sea Salt Kettle SS Bags</b>	<b>1 Each</b>	<b>210</b>	<b>13</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>120</b>	<b>22</b>	<b>2</b>	<b>1</b>	<b>3</b>

<b>SALAD</b>											
<b>Salad- Caesar w/ Croutons</b>	<b>1 each</b>	<b>99</b>	<b>8</b>	<b>2</b>	<b>0</b>	<b>13</b>	<b>277</b>	<b>10</b>	<b>2</b>	<b>1</b>	<b>6</b>
Lettuce- Romaine Chopped	3.5 Ounce	18	3	0	0	0	9	4	2	1	1
Cheese- Parmesan Shaved	.5 Ounce	51	4	2	0	13	167	1	0	0	4
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Salad- Garden w/ Croutons</b>	<b>1 Each</b>	<b>68</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>124</b>	<b>15</b>	<b>2</b>	<b>4</b>	<b>2</b>
Lettuce- Romaine Chopped	3.8 Ounce	18	3	0	0	0	9	4	2	1	1
Onions- Red, Sliced	.5 Ounce	6	0	0	0	0	1	2	0	1	0
Tomatoes- Grape	4 Each	4	0	0	0	0	0	1	0	1	0
Carrots- Shredded Matchsticks	0.6 Ounce	7	0	0	0	0	13	2	0	1	0
Cucumbers, Sliced	1.3 Ounce	3	0	0	0	0	0	1	0	0	0
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Salad - Chicken Caesar w/Croutons</b>	<b>1 Each</b>	<b>98</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>290</b>	<b>11</b>	<b>3</b>	<b>2</b>	<b>8</b>
Cheese- Parmesan Shredded	1 Ounce	4	0	0	0	1	12	0	0	0	0
Chicken Patty- Grilled	1 Each	40	1	0	0	14	166	1	0	0	5
Lettuce- Romaine Chopped	.5 Ounce	24	4	0	0	0	11	5	3	2	2
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Dressing Pouch - Italian Light</b>	<b>43 Grams</b>	<b>15</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>720</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>0</b>
<b>Dressing Pouch- Caesar</b>	<b>1 Pack</b>	<b>180</b>	<b>18</b>	<b>3</b>	<b>0</b>	<b>10</b>	<b>410</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>1</b>
<b>Dressing Pouch- Ranch</b>	<b>1 Pack</b>	<b>200</b>	<b>22</b>	<b>4</b>	<b>0</b>	<b>10</b>	<b>320</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>Dressing Pouch - Thousand Island</b>	<b>43 Grams</b>	<b>210</b>	<b>21</b>	<b>3.5</b>	<b>0</b>	<b>20</b>	<b>300</b>	<b>6</b>	<b>0</b>	<b>6</b>	<b>0</b>
<b>Croutons- SS Packets</b>	<b>1 Pack</b>	<b>30</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>100</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>EXTRAS</b>											
<b>Dipping Cup- Garlic Butter</b>	<b>1 Cup</b>	<b>240</b>	<b>26</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>370</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Pizza Sauce</b>	<b>2 Ounce</b>	<b>30</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>270</b>	<b>6</b>	<b>1</b>	<b>4</b>	<b>1</b>
<b>Cheese Sauce</b>	<b>2 Ounce</b>	<b>80</b>	<b>5</b>	<b>3</b>	<b>0</b>	<b>5</b>	<b>490</b>	<b>6</b>	<b>0</b>	<b>2</b>	<b>1</b>
<b>CONDIMENTS</b>											
<b>Salt Flutes</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Pepper Flutes</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Ketchup, SS Packet</b>	<b>1 Pack</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>3</b>	<b>0</b>	<b>2</b>	<b>0</b>
<b>Mayonnaise, SS Packet</b>	<b>1 Pack</b>	<b>90</b>	<b>10</b>	<b>2</b>	<b>0</b>	<b>5</b>	<b>60</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Mustard, SS Packet</b>	<b>1 Pack</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>Relish, SS Packet</b>	<b>1 Pack</b>	<b>15</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>75</b>	<b>3</b>	<b>0</b>	<b>3</b>	<b>0</b>
<b>Creamer</b>	<b>1 Pack</b>	<b>14</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>Sugar Packets</b>	<b>1 Pack</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>3</b>	<b>0</b>
<b>Sugar, Substitute</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>BOTTLED BEVERAGES</b>											
<b>Kickstart Fruit Punch 16oz</b>	<b>1 Each</b>	<b>80</b>	<b>0.00 g</b>	<b>0.00 g</b>	<b>0.00 g</b>	<b>0.00 mg</b>	<b>170.00 mg</b>	<b>20.00 g</b>	<b>0.00 g</b>	<b>19.00 g</b>	<b>0.00 g</b>
<b>Kickstart Black Cherry 16oz</b>	<b>1 Each</b>	<b>80</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>20</b>	<b>0</b>	<b>19</b>	<b>0</b>
<b>Lipton's No Cal reen Peach Tea</b>	<b>8 Ounce</b>	<b>45</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>45</b>	<b>12</b>	<b>0</b>	<b>12</b>	<b>0</b>
<b>Milk- 2% Pints</b>	<b>1 Each</b>	<b>120</b>	<b>5</b>	<b>4</b>	<b>0</b>	<b>25</b>	<b>120</b>	<b>11</b>	<b>0</b>	<b>11</b>	<b>8</b>
<b>Ocean Spray Apple Juice - 15.2 oz</b>	<b>8 Ounce</b>	<b>110</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>27</b>	<b>0</b>	<b>25</b>	<b>0</b>
<b>Ocean Spray Cran-rape Jucie- 15.2</b>	<b>8 Ounce</b>	<b>120</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>80</b>	<b>31</b>	<b>0</b>	<b>29</b>	<b>0</b>
<b>Ocean Spray Orane Juice - 15.2 oz</b>	<b>8 Ounce</b>	<b>110</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>27</b>	<b>0</b>	<b>22</b>	<b>0</b>
<b>Starbucks Eney- Coffee</b>	<b>15 Ounce</b>	<b>210</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>170</b>	<b>36</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Eney- ocha</b>	<b>15 Ounce</b>	<b>200</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>160</b>	<b>33</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Eney- Vanilla</b>	<b>15 Ounce</b>	<b>210</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>180</b>	<b>34</b>	<b>0</b>	<b>25</b>	<b>12</b>
<b>ALLERGEN ITEMS</b>											
<b>Gluten Free Cinnamon Thin Cookies</b>	<b>1 Pack</b>	<b>130</b>	<b>5</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>180</b>	<b>21</b>	<b>1</b>	<b>13</b>	<b>0</b>
<b>Gluten Free Pretzel</b>	<b>1 Each</b>	<b>160</b>	<b>6</b>	<b>1</b>	<b>0</b>	<b>55</b>	<b>65</b>	<b>29</b>	<b>2</b>	<b>4</b>	<b>3</b>
<b>Hamburger Bun- Gluten Free</b>	<b>1 Each</b>	<b>240</b>	<b>7</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>530</b>	<b>41</b>	<b>4</b>	<b>9</b>	<b>4</b>
<b>Hot Dog Bun- Gluten Free</b>	<b>1 Each</b>	<b>170</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>270</b>	<b>30</b>	<b>3</b>	<b>3</b>	<b>4</b>
<b>Ian's Chicken Nuggets</b>	<b>1 Serving</b>	<b>230</b>	<b>13</b>	<b>1</b>	<b>0</b>	<b>30</b>	<b>260</b>	<b>16</b>	<b>1</b>	<b>0</b>	<b>12</b>
<b>Ian's French Bread Pizza</b>	<b>4 Ounce</b>	<b>200</b>	<b>8</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>460</b>	<b>26</b>	<b>4</b>	<b>2</b>	<b>2</b>

# Kringle's Ice Cream

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>HAND-DIPPED IC IN A CUP</b>											
Ice Cream- Birthday Treat	4 Ounce										
Ice Cream- Coffee	4 Ounce	243	14	9	0	52	87	26	0	21	5
Ice Cream- Chocolate	4 Ounce	140	7	4	0	30	50	17	0	13	3
Ice Cream- Chocolate Chip Cookie Dough	4 Ounce	170	8	5	1	25	65	21	0	15	3
Ice Cream- Cookies 'n Cream	4 Ounce	150	7	5	0	25	80	19	0	13	2
Ice Cream- Mint Chocolate Chip	4 Ounce	140	7	5	0	25	55	16	0	13	2
Ice Cream- No Sugar Added Vanilla	4 Ounce	90	3	2	0	10	60	13	5	4	3
Ice Cream- Rainbow Sherbet	4 Ounce	110	1	1	0	5	15	25	0	20	1
Ice Cream- Rocky Road	4 Ounce	140	6	4	0	25	55	19	0	11	3
Ice Cream- Moose Tracks	4 Ounce	271	16	10	0	48	111	29	0	24	5
Ice Cream- Pralines-N-Cream	4 Ounce	330	17	9	0	61	170	40	0	35	5
Ice Cream- Vanilla Bean	4 Ounce	160	9	6	0	35	40	17	0	15	2
<b>HAND-DIPPED IC IN A CONE</b>											
Birthday Treat in a Cone		140	6	3	0	25	65	24	0	14	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Birthday Treat	4 Ounce										
Coffee in a Cone		243	14	9	0	52	102	33	0	21	5
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Coffee	4 Ounce										
Chocolate in a Cone		140	7	4	0	30	65	24	0	13	3
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Chocolate	4 Ounce	140	7	4	0	30	50	17	0	13	3
Chocolate Chip Cookie Dough in a Cone		170	8	5	1	25	80	28	0	15	3
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Chocolate Chip Cookie Dough	4 Ounce	170	8	5	1	25	65	21	0	15	3
Cookies & Cream in a Cone		150	7	5	0	25	95	26	0	13	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Cookies 'n Cream	4 Ounce	150	7	5	0	25	80	19	0	13	2
Mint Chocolate Chip in a Cone		140	7	5	0	25	70	23	0	13	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Mint Chocolate Chip	4 Ounce	140	7	5	0	25	55	16	0	13	2
No Sugar Added Vanilla in a Cone		90	3	2	0	10	75	20	5	4	3
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- No Sugar Added Vanilla	4 Ounce	90	3	2	0	10	60	13	5	4	3
Rainbow Sherbet in a Cone		110	1	1	0	5	30	32	0	20	1
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Rainbow Sherbet	4 Ounce	110	1	1	0	5	15	25	0	20	1
Rocky Road in a Cone		140	6	4	0	25	70	26	0	11	3
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Rocky Road	4 Ounce	140	6	4	0	25	55	19	0	11	3
Moose Tracks in a Cone		271	16	10	0	48	126	36	0	24	5
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Moose Tracks	4 Ounce	271	16	10	0	48	111	29	0	24	5
Pralines-N-Cream in a Cone		330	17	9	0	61	185	47	0	35	5
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Pralines-N-Cream	4 Ounce	330	17	9	0	61	170	40	0	35	5
Vanilla Bean in a Cone		160	9	6	0	35	55	24	0	15	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Vanilla Bean	4 Ounce	160	9	6	0	35	40	17	0	15	2
<b>HAND-DIPPED IC IN WAFFLE CONE</b>											
Birthday Treat in a Waffle Cone		332	10	5	0	38	120	52	1	30	5
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Birthday Treat Ice Cream	6 Ounce										
Coffee in a Waffle Cone		487	22	14	0	78	198	76	1	41	10
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Coffee	6 Ounce	365	21	14	0	78	153	50	0	32	8
Chocolate in a Waffle Cone		332	12	6	0	45	120	52	1	29	7
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Ice Cream	6 Ounce	210	11	6	0	45	75	26	0	20	5
Chocolate Chip Cookie Dough in a Waffle Cone		377	13	8	1	38	143	58	1	32	7
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Chip Ice Cream	6 Ounce	255	12	8	1	38	98	32	0	23	5
Cookies & Cream in a Waffle Cone		347	12	7	0	38	165	55	1	29	5
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Cookies 'n Cream Ice Cream	6 Ounce	225	11	7	0	38	120	29	0	20	3

<b>Mint Chocolate Chip in a Waffle Cone</b>		<b>332</b>	<b>12</b>	<b>7</b>	<b>0</b>	<b>38</b>	<b>128</b>	<b>50</b>	<b>1</b>	<b>29</b>	<b>5</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Mint Chocolate Chip Ice Cream	6 Ounce	210	11	7	0	38	83	24	0	20	3
<b>No Sugar Added Vanilla in a Waffle Cone</b>		<b>257</b>	<b>6</b>	<b>3</b>	<b>0</b>	<b>15</b>	<b>135</b>	<b>46</b>	<b>9</b>	<b>15</b>	<b>7</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
NSA Vanilla Ice Cream	6 Ounce	135	5	3	0	15	90	20	8	6	5
<b>Rainbow Sherbet in a Waffle Cone</b>		<b>287</b>	<b>3</b>	<b>1</b>	<b>0</b>	<b>8</b>	<b>68</b>	<b>64</b>	<b>1</b>	<b>39</b>	<b>4</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Rainbow Sherbet Ice Cream	6 Ounce	165	2	1	0	8	23	38	0	30	2
<b>Rocky Road in a Waffle Cone</b>		<b>332</b>	<b>10</b>	<b>6</b>	<b>0</b>	<b>38</b>	<b>128</b>	<b>55</b>	<b>1</b>	<b>26</b>	<b>7</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Rocky Road Ice Cream	6 Ounce	210	9	6	0	38	83	29	0	17	5
<b>Moose Tracks in a Waffle Cone</b>		<b>529</b>	<b>25</b>	<b>15</b>	<b>0</b>	<b>72</b>	<b>212</b>	<b>70</b>	<b>1</b>	<b>45</b>	<b>10</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Moose Tracks	6 Ounce	407	24	15	0	72	167	44	0	36	8
<b>Pralines-N-Cream in a Waffle Cone</b>		<b>617</b>	<b>27</b>	<b>14</b>	<b>0</b>	<b>92</b>	<b>300</b>	<b>86</b>	<b>1</b>	<b>62</b>	<b>10</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Pralines-N-Cream	6 Ounce	495	26	14	0	92	255	60	0	53	8
<b>Vanilla Bean in a Waffle Cone</b>		<b>362</b>	<b>15</b>	<b>9</b>	<b>0</b>	<b>53</b>	<b>105</b>	<b>52</b>	<b>1</b>	<b>32</b>	<b>5</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Vanilla Bean Ice Cream	6 Ounce	240	14	9	0	53	60	26	0	23	3
<b>HAND-DIPPED IC IN DIPPED WAFFLE CONE</b>											
<b>Birthday Treat in a Dipped Waffle Cone</b>		<b>488</b>	<b>20</b>	<b>11</b>	<b>0</b>	<b>38</b>	<b>132</b>	<b>68</b>	<b>2</b>	<b>43</b>	<b>6</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Birthday Treat Ice Cream	6 Ounce										
<b>Coffee in a Waffle Cone</b>		<b>643</b>	<b>32</b>	<b>20</b>	<b>0</b>	<b>78</b>	<b>210</b>	<b>92</b>	<b>2</b>	<b>54</b>	<b>11</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Coffee	6 Ounce	365	21	14	0	78	153	50	0	32	8
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate in a Dipped Waffle Cone</b>		<b>448</b>	<b>22</b>	<b>12</b>	<b>0</b>	<b>45</b>	<b>132</b>	<b>68</b>	<b>2</b>	<b>42</b>	<b>8</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Chocolate Ice Cream	6 Ounce	210	11	6	0	45	75	26	0	20	5
<b>Chocolate Chip Cookie Dough in a Dipped Waffle Cone</b>		<b>533</b>	<b>23</b>	<b>14</b>	<b>1</b>	<b>38</b>	<b>155</b>	<b>74</b>	<b>2</b>	<b>45</b>	<b>8</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Chocolate Chip Ice Cream	6 Ounce	255	12	8	1	38	98	32	0	23	5
<b>Cookies &amp; Cream in a Dipped Waffle Cone</b>		<b>503</b>	<b>22</b>	<b>13</b>	<b>0</b>	<b>38</b>	<b>177</b>	<b>71</b>	<b>2</b>	<b>42</b>	<b>6</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Cookies 'n Cream Ice Cream	6 Ounce	225	11	7	0	38	120	29	0	20	3
<b>Mint Chocolate Chip in a Dipped Waffle Cone</b>		<b>488</b>	<b>22</b>	<b>13</b>	<b>0</b>	<b>38</b>	<b>140</b>	<b>66</b>	<b>2</b>	<b>42</b>	<b>6</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Mint Chocolate Chip Ice Cream	6 Ounce	210	11	7	0	38	83	24	0	20	3
<b>No Sugar Added Vanilla in a Dipped Waffle Cone</b>		<b>413</b>	<b>16</b>	<b>6</b>	<b>0</b>	<b>15</b>	<b>147</b>	<b>62</b>	<b>10</b>	<b>28</b>	<b>8</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
NSA Vanilla Ice Cream	6 Ounce	135	5	3	0	15	90	20	8	6	5
<b>Rainbow Sherbet in a Dipped Waffle Cone</b>		<b>443</b>	<b>13</b>	<b>7</b>	<b>0</b>	<b>8</b>	<b>80</b>	<b>80</b>	<b>2</b>	<b>52</b>	<b>5</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Rainbow Sherbet Ice Cream	6 Ounce	165	2	1	0	8	23	38	0	30	2
<b>Rocky Road in a Dipped Waffle Cone</b>		<b>488</b>	<b>20</b>	<b>12</b>	<b>0</b>	<b>38</b>	<b>140</b>	<b>71</b>	<b>2</b>	<b>39</b>	<b>8</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Rocky Road Ice Cream	6 Ounce	210	9	6	0	38	83	29	0	17	5
<b>Moose Tracks in a Dipped Waffle Cone</b>		<b>685</b>	<b>35</b>	<b>21</b>	<b>0</b>	<b>72</b>	<b>224</b>	<b>86</b>	<b>2</b>	<b>58</b>	<b>11</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Moose Tracks	6 Ounce	407	24	15	0	72	167	44	0	36	8
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Pralines-N-Cream in a Waffle Cone</b>		<b>773</b>	<b>37</b>	<b>20</b>	<b>0</b>	<b>92</b>	<b>312</b>	<b>102</b>	<b>2</b>	<b>75</b>	<b>11</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Pralines-N-Cream	6 Ounce	495	26	14	0	92	255	60	0	53	8
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1

<b>Vanilla Bean in a Dipped Waffle Cone</b>		<b>518</b>	<b>25</b>	<b>15</b>	<b>0</b>	<b>53</b>	<b>117</b>	<b>68</b>	<b>2</b>	<b>45</b>	<b>6</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Vanilla Bean Ice Cream	6 Ounce	240	14	9	0	53	60	26	0	23	3

ICE CREAM TOPPINGS											
Gummy Worms	2 Each	140	0	0	0	0	15	31	0	22	3
Sprinkles- Rainbow	1 Ounce	140	6	6	0	0	1	21	0	14	0
Topping- Caramel Sauce	1 Ounce	110	0	0	0	5	75	26	0	23	1
Topping- Chocolate Sauce	1 Ounce	100	0	0	0	0	40	25	1	23	1
FROZEN TREATS											
Frozen Bananas -Peanuts	1 Each	310	19	9	0	0	15	37	5	23	5
Frozen Bananas- Chocolate	1 Each	240	13	8	0	0	15	35	4	22	2
Frozen Bananas- Sprinkles	1 Each	290	14	8	0	0	15	46	4	32	2

## Mrs. Klaus' Kitchen

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SNACKS											
<b>Dipped Apple - Apple Pie</b>	<b>1 Each</b>	<b>1017</b>	<b>37</b>	<b>17</b>	<b>9</b>	<b>0</b>	<b>755</b>	<b>169</b>	<b>5</b>	<b>128</b>	<b>7</b>
Apples- Granny Smith 72ct.	1 Each	110	0	0	0	0	2	29	5	22	1
Caramel Apple Dip	6.6 Ounce	748	28	9	9	0	702	122	0	98	5
Topping- Graham Cracker Crumbs	2 Ounce	24	1	0	0	0	38	4	0	1	0
White Chocolate (Swedish Coating)	2 Teaspoons	135	8	8	0	0	13	14	0	13	1
<b>Dipped Apple- Caramel</b>	<b>1 Each</b>	<b>858</b>	<b>28</b>	<b>9</b>	<b>9</b>	<b>0</b>	<b>704</b>	<b>151</b>	<b>5</b>	<b>120</b>	<b>6</b>
Apples- Granny Smith 72ct.	1 Each	110	0	0	0	0	2	29	5	22	1
Caramel Apple Dip	6.6 Ounce	748	28	9	9	0	702	122	0	98	5
<b>Dipped Apple- Caramel Peanut</b>	<b>1 Each</b>	<b>1017</b>	<b>42</b>	<b>11</b>	<b>9</b>	<b>0</b>	<b>704</b>	<b>156</b>	<b>7</b>	<b>122</b>	<b>13</b>
Apples- Granny Smith 72ct.	1 Each	110	0	0	0	0	2	29	5	22	1
Caramel Apple Dip	6.6 Ounce	748	28	9	9	0	702	122	0	98	5
Topping- Chopped Peanut	1.0 Ounce	159	14	2	0	0	0	5	2	2	7
<b>Dipped Apple - Everything</b>	<b>1 Each</b>	<b>2052</b>	<b>114</b>	<b>64</b>	<b>9</b>	<b>0</b>	<b>766</b>	<b>260</b>	<b>13</b>	<b>211</b>	<b>16</b>
Apples- Granny Smith 72ct.	1 Each	110	0	0	0	0	2	29	5	22	1
Caramel Apple Dip	6.6 Ounce	748	28	9	9	0	702	122	0	98	5
Chips- Chocolate Mini Semi Sweet	1.65 Ounce	231	13	8	0	0	0	33	3	26	3
Chocolate Enrober Coating	1.1 Ounce	174	11	6	0	0	14	18	1	15	1
Pecans- Pieces	1.55 Ounce	304	32	3	0	0	0	6	4	2	4
White Chocolate (Swedish Coating)	1.2 Ounce	485	30	28	0	0	48	52	0	48	2
<b>Dipped Apple - M&amp;M</b>	<b>1 Each</b>	<b>997</b>	<b>34</b>	<b>12</b>	<b>9</b>	<b>3</b>	<b>717</b>	<b>172</b>	<b>5</b>	<b>138</b>	<b>7</b>
Apples- Granny Smith 72ct.	1 Each	110	0	0	0	0	2	30	5	22	1
Caramel Apple Dip	6.6 Ounce	748	28	9	9	0	702	122	0	98	5
M&M's- Plain	1.1 Ounce	139	6	3	0	3	13	20	0	18	1
<b>Dipped Apple - S'mores</b>	<b>1 Each</b>	<b>573</b>	<b>11</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>146</b>	<b>125</b>	<b>7</b>	<b>86</b>	<b>3</b>
Apples- Granny Smith 72ct.	1 Each	110	0	0	0	0	2	29	5	22	1
Chocolate Enrober Coating	.9 Ounce	143	9	5	0	0	11	15	1	12	1
Marshmallow Cream	2.7 Ounce	236	0	0	0	0	0	65	0	47	0
Topping- Graham Cracker Crumbs	0.7 Ounce	84	2	0	0	0	133	16	1	5	1
<b>Dipped Apple- Turtle</b>	<b>1 Each</b>	<b>1371</b>	<b>68</b>	<b>23</b>	<b>9</b>	<b>0</b>	<b>729</b>	<b>188</b>	<b>10</b>	<b>148</b>	<b>11</b>
Apples- Granny Smith	1 Each	110	0	0	0	0	2	29	5	22	1
Caramel Apple Dip	6.6 Ounce	748	28	9	9	0	702	122	0	98	5
Pecans- Pieces	1 Ounce	196	20	2	0	0	0	4	3	1	3
Chocolate Enrober Coating	2 Ounce	317	20	12	0	0	25	33	2	27	2
<b>Buckeyes</b>	<b>1 Each</b>	<b>305</b>	<b>16</b>	<b>6</b>	<b>0</b>	<b>11</b>	<b>102</b>	<b>35</b>	<b>1</b>	<b>32</b>	<b>6</b>
Butter Sticks	.18 Ounce	36	4	3	0	11	0	0	0	0	0
Peanut Butter	.71 Ounce	132	11	2	0	0	101	3	1	2	6
Sugar, Powdered	1.07 Ounce	121	0	0	0	0	0	30	0	29	0
Vanilla Extract	.0019 Ounce	0	0	0	0	0	0	0	0	0	0
Chocolate Enrober Coating	.1 Ounce	16	1	1	0	0	1	2	0	1	0
<b>Chocolate Cakeballs</b>	<b>1 Each</b>	<b>268</b>	<b>12</b>	<b>10</b>	<b>0</b>	<b>4</b>	<b>203</b>	<b>39</b>	<b>1</b>	<b>28</b>	<b>2</b>
Cake Mix- Chocolate	.82 Ounce	99	3	2	0	4	194	17	1	10	2
Icing- White But-R-Crème	.25 Ounce	37	2	1	0	0	3	5	0	5	0
White Chocolate (Swedish Coating)	.15 Ounce	61	4	4	0	0	6	6	0	6	0
Sprinkles- Rainbow	.5 Ounce	71	3	3	0	0	0	11	0	7	0
Water	.8 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Yellow Cakeballs</b>	<b>1 Each</b>	<b>268</b>	<b>12</b>	<b>9</b>	<b>0</b>	<b>2</b>	<b>162</b>	<b>40</b>	<b>0</b>	<b>28</b>	<b>1</b>
Cake Mix- Yellow	.82 Ounce	99	3	1	0	2	159	18	0	10	1
Icing- White But-R-Crème	.25 Ounce	37	2	1	0	0	3	5	0	5	0
White Chocolate (Swedish Coating)	.15 Ounce	61	4	4	0	0	6	6	0	6	0
Sprinkles- Rainbow	.5 Ounce	71	3	3	0	0	0	11	0	7	0
Water	.07 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Red Velvet Cakeballs</b>	<b>1 Each</b>	<b>330</b>	<b>15</b>	<b>10</b>	<b>1</b>	<b>17</b>	<b>340</b>	<b>47</b>	<b>0</b>	<b>33</b>	<b>3</b>
Cake Mix- Red Velvet	1.18 Ounce	137	4	2	0	15	291	24	0	14	3
Oil- Soybean	.06 Ounce	16	2	0	0	0	0	0	0	0	0
Icing- Cream Cheese	.35 Ounce	45	2	1	1	2	43	6	0	6	0
Sprinkles- Rainbow	.5 Ounce	71	3	3	0	0	0	11	0	7	0
White Chocolate (Swedish Coating)	.15 Ounce	61	4	4	0	0	6	6	0	6	0
Water	.8 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Rice Krispies</b>	<b>1 Each</b>	<b>619</b>	<b>13</b>	<b>9</b>	<b>0</b>	<b>36</b>	<b>362</b>	<b>120</b>	<b>0</b>	<b>54</b>	<b>8</b>
Butter Sticks	.6 Ounce	122	13	9	0	36	0	0	0	0	0



<b>Dipped Rice Krispies</b>		<b>999</b>	<b>37</b>	<b>23</b>	<b>0</b>	<b>36</b>	<b>392</b>	<b>160</b>	<b>2</b>	<b>86</b>	<b>9</b>
Butter Sticks	.6 Ounce	122	13	9	0	36	0	0	0	0	0
Cereal- Rice Crispy	1.75 Ounce	195	0	0	0	0	271	44	0	6	5
Marshmallows- Mini	3.2 Ounce	302	0	0	0	0	91	76	0	48	3
Pan Coating- Aerosol	.1 Ounce	0	0	0	0	0	0	0	0	0	0
Chocolate Enrober Coating	2.6 Ounce	380	24	14	0	0	30	40	2	32	1
<b>Fruity Pebbles Rice Crispies</b>											
Butter Sticks, Unsalted	.6 Ounce	122	13	9	0	36	0	0	0	0	0
Cereal - Fruity Pebbles	4.25 Ounce	13253	120.49 g	120.49 g	0.00 g	0.00 mg	20482.51 mg	2771.16 g	0.00 g	1084.37 g	120.49 g
Cereal- Rice Crispy	1.75 Ounce	195	0	0	0	0	271	44	0	6	5
Marshmallows- Mini	3.2 Ounce	302	0	0	0	0	91	76	0	48	3
Pan Coating- Aerosol	.1 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Blondie Toffee Brownie</b>	<b>1 Each</b>	<b>380</b>	<b>19</b>	<b>9</b>	<b>0</b>	<b>55</b>	<b>350</b>	<b>50</b>	<b>1</b>	<b>33</b>	<b>4</b>
<b>Brownie- Peruvian Chocolate</b>	<b>1 Each</b>	<b>350</b>	<b>10</b>	<b>10</b>	<b>0</b>	<b>70</b>	<b>135</b>	<b>40</b>	<b>3</b>	<b>27</b>	<b>5</b>
<b>Cake- Carrot</b>	<b>1/2 Slice</b>	<b>330</b>	<b>17</b>	<b>6</b>	<b>0</b>	<b>30</b>	<b>220</b>	<b>44</b>	<b>1</b>	<b>35</b>	<b>2</b>
<b>Cake- Red Velvet</b>											
<b>Candy Cookie</b>	<b>1 Each</b>	<b>620</b>	<b>28</b>	<b>18</b>	<b>0</b>	<b>70</b>	<b>540</b>	<b>86</b>	<b>2</b>	<b>48</b>	<b>6</b>
<b>Chocolate Chunk Cookie</b>	<b>1 Each</b>	<b>640</b>	<b>32</b>	<b>20</b>	<b>0</b>	<b>70</b>	<b>540</b>	<b>82</b>	<b>2</b>	<b>46</b>	<b>6</b>
<b>Oatmeal Raisin Cookie</b>	<b>1 Each</b>	<b>620</b>	<b>30</b>	<b>16</b>	<b>0</b>	<b>40</b>	<b>380</b>	<b>80</b>	<b>4</b>	<b>38</b>	<b>6</b>
<b>Sugar Cookie</b>	<b>1 Each</b>	<b>620</b>	<b>28</b>	<b>16</b>	<b>0</b>	<b>90</b>	<b>660</b>	<b>88</b>	<b>2</b>	<b>46</b>	<b>4</b>
<b>White Chocolate Macadamia Cookie</b>	<b>1 Each</b>	<b>640</b>	<b>32</b>	<b>16</b>	<b>0</b>	<b>40</b>	<b>580</b>	<b>52</b>	<b>2</b>	<b>46</b>	<b>6</b>
<b>Cupcake, Chocolate</b>	<b>1 Each</b>	<b>320</b>	<b>14</b>	<b>7</b>	<b>0</b>	<b>30</b>	<b>280</b>	<b>49</b>	<b>2</b>	<b>35</b>	<b>4</b>
<b>Cupcake, Vanilla</b>	<b>1 Each</b>	<b>350</b>	<b>18</b>	<b>7</b>	<b>0</b>	<b>50</b>	<b>230</b>	<b>45</b>	<b>0</b>	<b>34</b>	<b>3</b>
<b>BOTTLED BEVERAGES</b>											
<b>Starbucks Energy- Coffee</b>	<b>1 Each</b>	<b>210</b>	<b>3</b>	<b>2</b>	<b>0</b>	<b>15</b>	<b>170</b>	<b>36</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Energy- Mocha</b>	<b>1 Each</b>	<b>200</b>	<b>3</b>	<b>2</b>	<b>0</b>	<b>15</b>	<b>160</b>	<b>33</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Energy- Vanilla</b>	<b>1 Each</b>	<b>210</b>	<b>3</b>	<b>2</b>	<b>0</b>	<b>15</b>	<b>180</b>	<b>34</b>	<b>0</b>	<b>25</b>	<b>12</b>
<b>Milk- 2% Pints</b>	<b>1 Each</b>	<b>120</b>	<b>5</b>	<b>4</b>	<b>0</b>	<b>25</b>	<b>120</b>	<b>11</b>	<b>0</b>	<b>11</b>	<b>8</b>
<b>COFFEE BAR</b>											
<b>Hot Coffee</b>	<b>16oz</b>	<b>239</b>	<b>3</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>379</b>	<b>54</b>	<b>2</b>	<b>50</b>	<b>2</b>
<b>Iced Coffee</b>	<b>16oz</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
Coffee- Bean Espresso Roast	.4 Ounce	0	0	0	0	0	0	0	0	0	0
Ice	16 Ounce	0	0	0	0	0	0	0	0	0	0
Water	8 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Hot Latte- Caramel</b>	<b>16oz</b>	<b>210</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>6</b>	<b>30</b>	<b>45</b>	<b>0</b>	<b>45</b>	<b>2</b>
Coffee- Bean Espresso Roast	.5 Ounce	0	0	0	0	0	0	0	0	0	0
Milk- 2%	2 Ounce	30	1	1	0	6	30	3	0	3	2
Syrup- Caramel	2 Ounce	180	0	0	0	0	0	42	0	42	0
Water	10 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Iced Latte- Caramel</b>	<b>w/</b>	<b>16oz</b>	<b>537</b>	<b>17</b>	<b>16</b>	<b>0</b>	<b>18</b>	<b>134</b>	<b>78</b>	<b>0</b>	<b>80</b>
Whipped Topping & Caramel Drizzle											
Coffee- Bean Espresso Roast	.2 Ounce	0	0	0	0	0	0	0	0	0	0
Ice	16 Ounce	0	0	0	0	0	0	0	0	0	0
Milk- 2% Gallon	0.5 Cups	60	3	2	0	13	60	6	0	6	4
Syrup- Caramel Italian	2 Ounce	180	0	0	0	0	0	42	0	42	0
Topping- Caramel Sauce	1 Ounce	108	0	0	0	5	74	26	0	23	1
Water	4 Ounce	0	0	0	0	0	0	0	0	0	0
Whipped Topping- Aerosol	2 Ounce	189	14	14	0	0	0	10	0	9	0
<b>Iced Latte- Vanilla</b>	<b>w/</b>	<b>16oz</b>	<b>497</b>	<b>17</b>	<b>16</b>	<b>0</b>	<b>17</b>	<b>134</b>	<b>79</b>	<b>0</b>	<b>76</b>
Whipped Topping & Caramel Drizzle											
<b>Iced Latte- White Chocolate</b>	<b>w/ Whipped Topping &amp; Chocolate Drizzle</b>	<b>16oz</b>	<b>528</b>	<b>17</b>	<b>16</b>	<b>0</b>	<b>13</b>	<b>100</b>	<b>88</b>	<b>1</b>	<b>86</b>
<b>Hot Mocha</b>	<b>16oz</b>	<b>376</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>22</b>	<b>106</b>	<b>79</b>	<b>0</b>	<b>79</b>	<b>7</b>
Coffee- Bean Espresso Roast	.3 Ounce	0	0	0	0	0	0	0	0	0	0
Milk- 2% Gallon	.875 Cups	106	4	3	0	22	106	10	0	10	7
Syrup- Dark Chocolate Italian Style	3 Ounce	270	0	0	0	0	0	69	0	69	0
Water	6 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Iced Mocha</b>	<b>w/ Whipped Topping &amp; Chocolate Drizzle</b>	<b>16oz</b>	<b>453</b>	<b>17</b>	<b>16</b>	<b>0</b>	<b>16</b>	<b>114</b>	<b>64</b>	<b>1</b>	<b>62</b>
Coffee- Bean Espresso Roast	.1 Ounce	0	0.00 g	0.00 g	0.00 g	0.00 mg	0.06 mg	0.00 g	0.00 g	0.00 g	0.00 g
Milk- 2% Gallon	5 Ounce	75	3.13 g	2.19 g	0.00 g	15.63 mg	75.00 mg	6.88 g	0.00 g	6.88 g	5.00 g
Syrup- Dark Chocolate Italian	1 Ounce	90	0.00 g	0.00 g	0.00 g	0.00 mg	0.00 mg	23.00 g	0.00 g	23.00 g	0.00 g
Topping- Chocolate Sauce	1 Ounce	99	0.00 g	0.00 g	0.00 g	0.00 mg	39.43 mg	24.64 g	0.99 g	22.67 g	0.99 g
Water	2 Ounce	0	0.00 g	0.00 g	0.00 g	0.00 mg	0.00 mg	0.00 g	0.00 g	0.00 g	0.00 g
Whipped Topping- Aerosol	2 Ounce	189	14.17 g	14.17 g	0.00 g	0.00 mg	0.00 mg	9.45 g	0.00 g	9.45 g	0.00 g
<b>Hot Chocolate</b>	<b>16oz</b>	<b>239</b>	<b>3</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>379</b>	<b>54</b>	<b>2</b>	<b>50</b>	<b>2</b>
Hot Chocolate Mix	2.25 Ounce	239	3	3	0	0	379	54	2	50	2
Water	16 Ounce	0	0	0	0	0	0	0	0	0	0
<b>Frozen Hot Chocolate</b>	<b>16oz</b>	<b>379</b>	<b>18</b>	<b>17</b>	<b>0</b>	<b>19</b>	<b>130</b>	<b>43</b>	<b>1</b>	<b>40</b>	<b>7</b>
Hot Chocolate Mix	2 Ounce	1	0	0	0	0	1	0	0	0	0
Ice	16 Ounce	0	0	0	0	0	0	0	0	0	0
Milk- 2% Gallon	6 Ounce	90	4	3	0	19	90	8	0	8	6
Topping- Chocolate Sauce	1 Ounce	99	0	0	0	0	39	25	1	23	1
Water	2 Ounce	0	0	0	0	0	0	0	0	0	0
Whipped Topping- Aerosol	2 Ounce	189	14	14	0	0	0	10	0	9	0

<b>Frappe- Caramel</b> w/ Whipped Topping & Caramel Drizzle	<b>16oz</b>	<b>877</b>	<b>24</b>	<b>23</b>	<b>0</b>	<b>5</b>	<b>234</b>	<b>151</b>	<b>0</b>	<b>140</b>	<b>5</b>
Coffee- Bean Espresso Roast	.15 Ounce	0	0	0	0	0	0	0	0	0	0
Frappe Powder Mix- White Chocolate	.5 Cups	400	10	9	0	0	160	74	0	66	4
Ice	16 Ounce	0	0	0	0	0	0	0	0	0	0
Syrup- Caramel	2 Ounce	180	0	0	0	0	0	42	0	42	0
Topping- Caramel Sauce	1 Ounce	108	0	0	0	5	74	26	0	23	1
Water	3 Ounce	0	0	0	0	0	0	0	0	0	0
Whipped Topping	2 Ounce	189	14	14	0	0	0	9	0	9	0
<b>Frappe- Vanilla</b> w/ Whipped Topping & Caramel Drizzle	<b>16oz</b>	<b>837</b>	<b>24</b>	<b>23</b>	<b>0</b>	<b>5</b>	<b>234</b>	<b>147</b>	<b>0</b>	<b>136</b>	<b>5</b>
<b>Frappe- White Chocolate</b> w/ Whipped Topping & Caramel Drizzle	<b>16oz</b>	<b>868</b>	<b>24</b>	<b>23</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>156</b>	<b>1</b>	<b>146</b>	<b>5</b>
<b>COFFEE EXTRAS</b>											
<b>Creamer</b>	<b>1 Pack</b>	<b>545</b>	<b>35</b>	<b>33</b>	<b>0</b>	<b>0</b>	<b>181</b>	<b>55</b>	<b>0</b>	<b>55</b>	<b>5</b>
<b>Sugar Packets</b>	<b>1 Pack</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>0</b>	<b>3</b>	<b>0</b>
<b>Sugar, Substitute</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>FUDGE</b>											
<b>Birthday Cake</b>	<b>4 ounce</b>	<b>520</b>	<b>20</b>	<b>17</b>	<b>0</b>	<b>18</b>	<b>159</b>	<b>83</b>	<b>0</b>	<b>70</b>	<b>1</b>
Butter Sticks, Unsalted	0.22 Ounce	45	5	3	0	13	0	0	0	0	0
Fudge Flavoring- Birthday Cake	0.6 Teaspoon	2	0	0	0	0	0	0	0	0	0
Fudge Flavoring- Vanilla	0.3 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Plain	3.27 Ounce	439	13	13	0	5	159	78	0	66	1
Sprinkles- Rainbow	.24 Ounce	34	2	1	0	0	0	5	0	4	0
<b>Chocolate</b>	<b>4 ounce</b>	<b>502</b>	<b>12</b>	<b>9</b>	<b>0</b>	<b>20</b>	<b>154</b>	<b>92</b>	<b>4</b>	<b>74</b>	<b>3</b>
Butter Sticks, Unsalted	.24 Ounce	49	5	3	0	15	0	0	0	0	0
Fudge Flavoring- Vanilla	0.4 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Chocolate	3.6 Ounce	453	7	6	0	5	154	92	4	74	3
<b>Mint Chocolate</b>	<b>4 ounce</b>	<b>509</b>	<b>13</b>	<b>10</b>	<b>0</b>	<b>20</b>	<b>158</b>	<b>92</b>	<b>4</b>	<b>75</b>	<b>3</b>
Butter Sticks, Unsalted	0.24 Ounce	49	5	3	0	15	0	0	0	0	0
Fudge Flavoring- Peppermint Oil	0.2 Teaspoon	1	0	0	0	0	0	0	0	0	0
Fudge Flavoring- Vanilla	0.4 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Food Coloring- Green	0.1 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Chocolate	3.33 Ounce	419	7	6	0	5	143	85	4	69	3
Fudge Mix- Plain	0.3 Ounce	40	1	1	0	0	15	7	0	6	0
<b>Orange Cream</b>	<b>4 ounce</b>	<b>538</b>	<b>20</b>	<b>18</b>	<b>0</b>	<b>20</b>	<b>178</b>	<b>87</b>	<b>0</b>	<b>73</b>	<b>1</b>
Butter Sticks, Unsalted	0.24 Ounce	49	5	3	0	15	0	0	0	0	0
Fudge Flavoring- Orange Oil, 8oz	0.2 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Flavoring- Vanilla	0.4 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Food Coloring- Orange	0.2 Teaspoon	0	0	0	0	0	1	0	0	0	0
Fudge Mix- Plain	3.64 Ounce	489	15	15	0	5	177	87	0	73	1
<b>Oreo</b>	<b>4 ounce</b>	<b>537</b>	<b>20</b>	<b>17</b>	<b>0</b>	<b>18</b>	<b>198</b>	<b>87</b>	<b>0</b>	<b>72</b>	<b>1</b>
Butter Sticks, Unsalted	.22 Ounce	45	5	3	0	13	0	0	0	0	0
Fudge Flavoring- Vanilla	0.3 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Plain	3.33 Ounce	447	13	13	0	5	162	80	0	68	1
Topping- Oreo Cookie	0.33 Ounce	45	2	1	0	0	36	7	0	4	0
<b>Peanut Butter</b>	<b>4 ounce</b>	<b>563</b>	<b>26</b>	<b>16</b>	<b>0</b>	<b>16</b>	<b>237</b>	<b>72</b>	<b>1</b>	<b>60</b>	<b>7</b>
Butter Sticks, Unsalted	.19 Ounce	38	4	3	0	12	0	0	0	0	0
Fudge Flavoring- Vanilla	0.2 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Plain	2.86 Ounce	384	11	11	0	4	129	69	0	58	1
Peanut Butter	0.76 Ounce	141	11	2	0	0	108	3	1	2	6
<b>Peanut Butter Chocolate</b>	<b>4 ounce</b>	<b>587</b>	<b>21</b>	<b>14</b>	<b>0</b>	<b>20</b>	<b>216</b>	<b>92</b>	<b>3</b>	<b>74</b>	<b>6</b>
Butter Sticks, Unsalted	.24 Ounce	49	5	3	0	15	0	0	0	0	0
Fudge Flavoring- Vanilla	0.4 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Chocolate	1.98 Ounce	249	4	3	0	3	85	50	2	40	2
Fudge Mix- Plain	1.65 Ounce	222	7	7	0	2	80	40	0	33	1
Peanut Butter	.36 Ounce	67	5	1	0	0	51	2	1	1	3
<b>Rocky Road</b>	<b>4 ounce</b>	<b>520</b>	<b>17</b>	<b>9</b>	<b>0</b>	<b>18</b>	<b>144</b>	<b>87</b>	<b>5</b>	<b>69</b>	<b>4</b>
Butter Sticks, Unsalted	0.22 Ounce	45	5	3	0	13	0	0	0	0	0
Fudge Flavoring- Vanilla	0.3 Teaspoon	0	0	0	0	0	0	0	0	0	0
Fudge Mix- Chocolate	3.26 Ounce	410	7	6	0	5	140	83	4	67	3
Marshmallows- Mini	.125 Ounce	12	0	0	0	0	4	3	0	2	0
Walnuts- Halves	0.29 Ounce	53	5	0	0	0	0	1	1	0	1

# Udderly Blue

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SOFT SERVE IC IN A CUP</b>											
<b>Chocolate Ice Cream</b>	<b>5 Ounce</b>	<b>150</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>23</b>	<b>0</b>	<b>20</b>	<b>4</b>
Vanilla Ice Cream	5 Ounce	138	4	3	0	19	82	21	0	19	4
<b>Chocolate/Vanilla Twist</b>	<b>5 Ounce</b>	<b>144</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>22</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
<b>Blue Raspberry Ice Cream</b>	<b>5 Ounce</b>	<b>139</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>21</b>	<b>0</b>	<b>19</b>	<b>4</b>
Ice Cream Flavor- Blue Raspberry	.09 Ounce	1	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
<b>Red Cherry Ice Cream</b>	<b>5 Ounce</b>	<b>140</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>22</b>	<b>0</b>	<b>19</b>	<b>4</b>
Ice Cream Flavor- Wild Cherry	.09 Ounce	3	0	0	0	0	0	1	0	0	0
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
<b>Blue Raspberry/Red Cherry Twist</b>	<b>5 Ounce</b>	<b>140</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>22</b>	<b>0</b>	<b>19</b>	<b>4</b>
Ice Cream Flavor- Blue Raspberry	.045 Ounce	1	0	0	0	0	0	0	0	0	0
Ice Cream Flavor- Wild Cherry	.045 Ounce	2	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
<b>SOFT SERVE IC IN A CONE</b>											
<b>Chocolate Ice Cream Cone</b>	<b>5 Ounce</b>	<b>150</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>30</b>	<b>0</b>	<b>20</b>	<b>4</b>
Soft Serve- Chocolate	5 Ounce	150	4	3	0	19	81	23	0	20	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Vanilla Ice Cream Cone</b>	<b>5 Ounce</b>	<b>138</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>97</b>	<b>28</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Chocolate/Vanilla Twist Cone</b>	<b>5 Ounce</b>	<b>144</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>29</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Blue Raspberry Ice Cream Cone</b>	<b>5 Ounce</b>	<b>139</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>28</b>	<b>0</b>	<b>19</b>	<b>4</b>
Ice Cream Flavor- Blue Raspberry	.09 Ounce	1	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Red Cherry Ice Cream Cone</b>	<b>5 Ounce</b>	<b>140</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>29</b>	<b>0</b>	<b>19</b>	<b>4</b>
Ice Cream Flavor- Wild Cherry	.09 Ounce	3	0	0	0	0	0	1	0	0	0
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Blue Raspberry/Red Cherry Twist Cone</b>	<b>5 Ounce</b>	<b>140</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>29</b>	<b>0</b>	<b>19</b>	<b>4</b>
Ice Cream Flavor- Blue Raspberry	.045 Ounce	1	0	0	0	0	0	0	0	0	0
Ice Cream Flavor- Wild Cherry	.045 Ounce	2	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>SOFT SERVE IC IN A WAFFLE CONE</b>											
<b>Vanilla Waffle Cone</b>	<b>1 Each</b>	<b>342</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>130</b>	<b>34</b>	<b>1</b>	<b>30</b>	<b>6</b>
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Chocolate Waffle Cone</b>	<b>1 Each</b>	<b>362</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>130</b>	<b>36</b>	<b>1</b>	<b>32</b>	<b>6</b>
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Chocolate/Vanilla Twist Waffle Cone</b>	<b>1 Each</b>	<b>352</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>175</b>	<b>61</b>	<b>1</b>	<b>40</b>	<b>8</b>
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Blue Raspberry Waffle Cone</b>	<b>1 Each</b>	<b>343</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>175</b>	<b>60</b>	<b>1</b>	<b>39</b>	<b>8</b>
Ice Cream Flavor- Blue Raspberry	.1 ounce	1	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Red Cherry Waffle Cone</b>	<b>1 Each</b>	<b>345</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>175</b>	<b>60</b>	<b>1</b>	<b>39</b>	<b>8</b>
Ice Cream Flavor- Wild Cherry	.1 Ounce	3	0	0	0	0	0	1	0	0	0
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Blue Raspberry/Red Cherry Twist Waffle Cone</b>	<b>1 Each</b>	<b>345</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>175</b>	<b>60</b>	<b>1</b>	<b>39</b>	<b>8</b>
Ice Cream Flavor- Blue Raspberry	.05 Ounce	1	0	0	0	0	0	0	0	0	0
Ice Cream Flavor- Wild Cherry	.05 Ounce	2	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2

<b>SOFT SERVE IC IN A DIPPED WAFFLE CONE</b>											
<b>Vanilla Dipped Waffle Cone</b>	<b>1 Each</b>	<b>498</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>76</b>	<b>2</b>	<b>52</b>	<b>12</b>
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	9
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate Dipped Waffle Cone</b>	<b>1 Each</b>	<b>518</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>78</b>	<b>2</b>	<b>54</b>	<b>9</b>
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate/Vanilla Twist Dipped Waffle Cone</b>	<b>1 Each</b>	<b>508</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>77</b>	<b>2</b>	<b>53</b>	<b>9</b>
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Blue Raspberry Dipped Waffle Cone</b>	<b>1 Each</b>	<b>500</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>76</b>	<b>2</b>	<b>52</b>	<b>9</b>
Ice Cream Flavor- Blue Raspberry	.1 ounce	1	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Red Cherry Dipped Waffle Cone</b>	<b>1 Each</b>	<b>501</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>76</b>	<b>2</b>	<b>52</b>	<b>9</b>
Ice Cream Flavor- Wild Cherry	.1 Ounce	3	0	0	0	0	0	1	0	0	0
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Blue Raspberry/Red Cherry Twist Dipped Waffle Cone</b>	<b>1 Each</b>	<b>501</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>77</b>	<b>2</b>	<b>52</b>	<b>9</b>
Ice Cream Flavor- Blue Raspberry	.05 Ounce	1	0	0	0	0	0	0	0	0	0
Ice Cream Flavor- Wild Cherry	.05 Ounce	2	0	0	0	0	0	0	0	0	0
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>FLURRIES</b>											
<b>Chocolate Chip Cookie Dough Flurry</b>	<b>16 ounce</b>	<b>651</b>	<b>23</b>	<b>13</b>	<b>0</b>	<b>53</b>	<b>422</b>	<b>97</b>	<b>1</b>	<b>72</b>	<b>13</b>
Soft Serve- Vanilla	14 Ounce	385	11	7	0	53	229	60	0	53	11
Topping- Chocolate Chip Cookie Dough Pieces	2 Ounce	266	12	6	0	0	193	37	1	20	2
<b>Oreo Cookie Flurry</b>	<b>16 ounce</b>	<b>658</b>	<b>21</b>	<b>10</b>	<b>0</b>	<b>53</b>	<b>449</b>	<b>102</b>	<b>2</b>	<b>76</b>	<b>13</b>
Soft Serve- Vanilla	14 Ounce	385	11	7	0	53	229	60	0	53	11
Topping- Oreo Cookie	2 Ounce	273	11	3	0	0	220	42	2	23	2
<b>Reese's PB Cup Flurry</b>	<b>16 ounce</b>	<b>683</b>	<b>28</b>	<b>13</b>	<b>0</b>	<b>53</b>	<b>423</b>	<b>92</b>	<b>3</b>	<b>82</b>	<b>16</b>
Soft Serve- Vanilla	14 Ounce	385	11	7	0	53	229	60	0	53	11
Topping- Reese's PB Cups, Chopped	2 Ounce	298	18	6	0	0	194	33	3	30	6
<b>SHAKES</b>											
<b>Vanilla Shake</b>	<b>1 Each</b>	<b>315</b>	<b>11</b>	<b>7</b>	<b>0</b>	<b>35</b>	<b>193</b>	<b>49</b>	<b>0</b>	<b>46</b>	<b>11</b>
<b>Chocolate Shake</b>	<b>1 Each</b>	<b>320</b>	<b>11</b>	<b>7</b>	<b>0</b>	<b>35</b>	<b>193</b>	<b>51</b>	<b>0</b>	<b>46</b>	<b>11</b>
Shake Mix- Vanilla	14 Ounce	315	11	7	0	35	193	49	0	45	11
Shake Flavor- Chocolate	.1 Ounce	5	0	0	0	0	0	2	0	1	0
<b>Banana Shake</b>	<b>1 Each</b>	<b>321</b>	<b>11</b>	<b>7</b>	<b>0</b>	<b>35</b>	<b>194</b>	<b>50</b>	<b>0</b>	<b>47</b>	<b>11</b>
Shake Mix- Vanilla	14 Ounce	315	11	7	0	35	193	49	0	45	11
Shake Flavor- Banana	.1 Ounce	6	0	0	0	0	1	1	0	2	0
<b>Strawberry Shake</b>	<b>1 Each</b>	<b>321</b>	<b>11</b>	<b>7</b>	<b>0</b>	<b>35</b>	<b>193</b>	<b>51</b>	<b>0</b>	<b>47</b>	<b>11</b>
Shake Mix- Vanilla	14 Ounce	315	11	7	0	35	193	49	0	45	11
Shake Flavor- Strawberry	.1 ounce	6	0	0	0	0	1	2	0	2	0
<b>ICE CREAM/FLURRY TOPPINGS</b>											
<b>Sprinkles- Red</b>	<b>1 Ounce</b>	<b>333</b>	<b>12</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>6</b>	<b>55</b>	<b>0</b>	<b>29</b>	<b>1</b>
Topping- Chocolate Chip Cookie Dough Pieces	2 Ounce	269	13	6	0	0	194	38	1	20	2
Gummy Worms	2 Each	140	0	0	0	0	15	31	0	22	3
Topping- Oreo Cookie	1 Ounce	130	5	2	0	0	105	20	1	11	1
Topping- Reese's PB Cups, Chopped	1 Ounce	147	9	3	0	0	96	16	1	15	3

# Lemon Shake Up

Located next to Alamo

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SNACK ITEM</b>											
<b>Lemon Shake Up</b>	<b>1 Each</b>	<b>155</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>40</b>	<b>4</b>	<b>33</b>	<b>1</b>
Ice	2.5 Cups	0	0	0	0	0	0	0	0	0	0
Lemons	85 Grams	15	0	0	0	0	0	5	2	2	0
Sugar - Bill's Lemon Blend	88 Grams	140	0	0	0	0	0	35	2	31	1
Water	1.25 Cups	0	0	0	0	0	0	0	0	0	0
<b>Bavarian Pretzel w/ Cheese</b>	<b>1 each</b>	<b>408</b>	<b>14</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1312</b>	<b>60</b>	<b>2</b>	<b>7</b>	<b>9</b>
Pretzel- Bavarian	4 Ounce	318	7	2	0	0	522	52	2	5	9
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0

# Kettle Corn

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SNACKS</b>											
<b>Bavarian Pretzel w/ Cheese</b>	<b>1 each</b>	<b>408</b>	<b>14</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1312</b>	<b>60</b>	<b>2</b>	<b>7</b>	<b>9</b>
Pretzel- Bavarian	4 Ounce	318	7	2	0	0	522	52	2	5	9
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
<b>Kettle Corn</b>	<b>1 Bag</b>	<b>2415</b>	<b>109</b>	<b>15</b>	<b>0</b>	<b>0</b>	<b>4300</b>	<b>369</b>	<b>31</b>	<b>206</b>	<b>25</b>
Fry Oil- Soybean, Jug	3.625 Ounce	956	103	15	0	0	0	0	0	0	0
Popcorn- Maxi Pop 50# Bag	7.275 Ounce	688	6	0	0	0	63	163	31	0	25
Sugar- White, 50# Bag	7.2525 Ounce	771	0	0	0	0	0	206	0	206	0
Table Salt- Bulk (24-26oz container)	3.75 Ounce	0	0	0	0	0	4237	0	0	0	0
<b>Nachos</b>	<b>1 each</b>	<b>402</b>	<b>20</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1035</b>	<b>50</b>	<b>2</b>	<b>2</b>	<b>4</b>
Chips- Tortilla, Yellow Round	2.2 Ounce	312	13	2	0	0	245	42	2	0	4
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
<b>EXTRAS</b>											
<b>Mustard, SS Packet</b>	<b>1 Pack</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>1</b>

# Hot Diggity Dogs

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>ENTREES</b>											
<b>Chicken Tenders</b>	<b>3 Strips</b>	<b>362</b>	<b>20</b>	<b>3</b>	<b>0</b>	<b>47</b>	<b>1037</b>	<b>25</b>	<b>1</b>	<b>0</b>	<b>19</b>
Chicken Strips	5.10 Ounce	293	13	2	0	47	1037	25	1	0	19
Fry Oil- Soybean	.26 Ounce	68	7	1	0	0	0	0	0	0	0
<b>Hot Dog</b>	<b>1 Each</b>	<b>350</b>	<b>24</b>	<b>9</b>	<b>0</b>	<b>40</b>	<b>930</b>	<b>23</b>	<b>1</b>	<b>3</b>	<b>12</b>
Buns- Hot Dog	1 Each	110	2	0	0	0	220	21	1	2	3
Hot Dog: 8:1 All Beef	1 Each	240	22	9	0	40	710	2	0	1	9
<b>Chili Dog</b>	<b>1 Each</b>	<b>380</b>	<b>26</b>	<b>10</b>	<b>0</b>	<b>40</b>	<b>1235</b>	<b>26</b>	<b>2</b>	<b>4</b>	<b>14</b>
Buns- Hot Dog	1 Each	110	2	0	0	0	220	21	1	2	3
Hot Dog: 8:1 All Beef	1 Each	240	22	9	0	40	710	2	0	1	9
Chili Sauce	1 Ounce	30	2	1	0	0	305	3	1	1	2
<b>Chili Cheese Dog</b>	<b>1 Each</b>	<b>491</b>	<b>35</b>	<b>15</b>	<b>0</b>	<b>65</b>	<b>1407</b>	<b>27</b>	<b>2</b>	<b>4</b>	<b>21</b>
Buns- Hot Dog	1 Each	110	2	0	0	0	220	21	1	2	3
Hot Dog: 8:1 All Beef	1 Each	240	22	9	0	40	710	2	0	1	9
Chili Sauce	1 Ounce	30	2	1	0	0	305	3	1	1	2
Cheese- Cheddar Jack Shredded	1 Ounce	111	9	5	0	25	172	1	0	0	7
<b>Corn Dog Bites (Small)</b>	<b>5 Piece</b>	<b>405</b>	<b>31</b>	<b>8</b>	<b>0</b>	<b>31</b>	<b>738</b>	<b>23</b>	<b>1</b>	<b>6</b>	<b>9</b>
Corn Dog- Mini Bites	3.6 Ounce	313	21	6	0	31	738	23	1	6	9
Fry Oil- Soybean, Jug	.35 Ounce	92	10	1	0	0	0	0	0	0	0
<b>Corn Dog Bites (Large)</b>	<b>12 Piece</b>	<b>818</b>	<b>58</b>	<b>16</b>	<b>0</b>	<b>75</b>	<b>1770</b>	<b>54</b>	<b>3</b>	<b>15</b>	<b>21</b>
Corn Dog- Mini Bites	8.64 Ounce	750	51	15	0	75	1770	54	3	15	21
Fry Oil- Soybean, Jug	.26 Ounce	68	7	1	0	0	0	0	0	0	0
<b>PB&amp;J Sandwiches- Grape Uncrustable</b>	<b>1 Each</b>	<b>320</b>	<b>17</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>320</b>	<b>32</b>	<b>3</b>	<b>13</b>	<b>10</b>
<b>Mini Meal- Hot Dog w/ Fries and Juice Box</b>	<b>1 Meal</b>	<b>392</b>	<b>13</b>	<b>3</b>	<b>0</b>	<b>1</b>	<b>639</b>	<b>63</b>	<b>2</b>	<b>16</b>	<b>4</b>
Buns- Hot Dog, 8ct.	1 Each	110	2	0	0	0	220	21	1	2	3
Hot Dogs, 8:1 All Meat, Frozen Case	1 Each	3	0	0	0	1	9	0	0	0	0
French Fries	4 Ounce	189	8	3	0	0	405	28	1	1	1
Fry Oil- Soybean	.12 Ounce	32	3	0	0	0	0	0	0	0	0
Juice Box- Apple	1 Box	58	0	0	0	0	5	14	0	13	0
<b>Mini Meal- PB&amp;J w/ Animal Crackers and Juice Box</b>	<b>1 Meal</b>	<b>517</b>	<b>21</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>502</b>	<b>69</b>	<b>3</b>	<b>35</b>	<b>11</b>
PB&J Sandwiches- Grape Uncrustable	1 Each	320	17	4	0	0	320	32	3	13	10
Animal Crackers- SS	1 Pack	130	4	1	0	0	140	21	0	6	1
Juice Box- Cranberry Grape, Case	1 Box	67	0	0	0	0	42	16	0	16	0

SIDE ITEMS											
<b>French Fries</b>	<b>8 Ounce</b>	<b>441</b>	<b>23</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>810</b>	<b>57</b>	<b>3</b>	<b>3</b>	<b>3</b>
French Fries	8 Ounce	378	16	5	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
<b>Chili Cheese Fries</b>	<b>10 Ounce</b>	<b>583</b>	<b>34</b>	<b>12</b>	<b>0</b>	<b>25</b>	<b>1287</b>	<b>61</b>	<b>4</b>	<b>3</b>	<b>11</b>
Cheese- Cheddar Jack Shredded	1 Ounce	111	9	5	0	25	172	1	0	0	7
Chili Sauce	1 Ounce	30	2	1	0	0	305	3	1	1	2
French Fries	8 Ounce	378	16	5	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
<b>Animal Crackers- SS</b>	<b>1 Pack</b>	<b>130</b>	<b>4</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>140</b>	<b>21</b>	<b>0</b>	<b>6</b>	<b>1</b>
<b>Applesauce- SS Cups</b>	<b>1 Each</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
EXTRAS											
<b>Cheese- Cheddar Jack Shredded</b>	<b>1 Ounce</b>	<b>110</b>	<b>9.00 g</b>	<b>5.00 g</b>	<b>0.00 g</b>	<b>25.00 mg</b>	<b>170.00 mg</b>	<b>1.00 g</b>	<b>0.00 g</b>	<b>0.00 g</b>	<b>7.00 g</b>
<b>Chili Sauce</b>	<b>2 Ounce</b>	<b>60</b>	<b>3.00 g</b>	<b>1.50 g</b>	<b>0.00 g</b>	<b>0.00 mg</b>	<b>610.00 mg</b>	<b>6.00 g</b>	<b>2.00 g</b>	<b>1.00 g</b>	<b>3.00 g</b>
<b>Jalapeno Cheese Sauce</b>	<b>2 Ounce</b>	<b>80</b>	<b>5.00 g</b>	<b>2.50 g</b>	<b>0.00 g</b>	<b>5.00 mg</b>	<b>490.00 mg</b>	<b>6.00 g</b>	<b>0.00 g</b>	<b>2.00 g</b>	<b>1.00 g</b>
CONDIMENTS											
<b>Dipping Cup- BBQ Sauce</b>	<b>1 Each</b>	<b>40</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>75</b>	<b>9</b>	<b>0</b>	<b>8</b>	<b>0</b>
<b>Dipping Cup- Honey Mustard</b>	<b>1 Each</b>	<b>80</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>5</b>	<b>230</b>	<b>10</b>	<b>0</b>	<b>9</b>	<b>0</b>
<b>Dipping Cup- Ranch</b>	<b>1 Each</b>	<b>210</b>	<b>22</b>	<b>4</b>	<b>0</b>	<b>20</b>	<b>310</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>Ketchup, SS Packet</b>	<b>1 Each</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>3</b>	<b>0</b>	<b>2</b>	<b>0</b>
<b>Mustard, SS Packet</b>	<b>1 Each</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>Pepper Flutes (3 bags/cs)</b>	<b>1 Each</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Relish, SS Packet</b>	<b>1 Each</b>	<b>15</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>75</b>	<b>3</b>	<b>0</b>	<b>3</b>	<b>0</b>
<b>Salt Flutes (3 bags/cs)</b>	<b>1 Each</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
SOFT SERVE IC IN A CUP											
<b>Chocolate Ice Cream</b>	<b>5 Ounce</b>	<b>150</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>23</b>	<b>0</b>	<b>20</b>	<b>4</b>
<b>Vanilla Ice Cream</b>	<b>5 Ounce</b>	<b>138</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>82</b>	<b>21</b>	<b>0</b>	<b>19</b>	<b>4</b>
<b>Chocolate/Vanilla Twist</b>	<b>5 Ounce</b>	<b>144</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>22</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
SOFT SERVE IC IN A CONE											
<b>Chocolate Ice Cream Cone</b>	<b>5 Ounce</b>	<b>150</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>30</b>	<b>0</b>	<b>20</b>	<b>4</b>
Soft Serve- Chocolate	5 Ounce	150	4	3	0	19	81	23	0	20	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Vanilla Ice Cream Cone</b>	<b>5 Ounce</b>	<b>138</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>97</b>	<b>28</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Chocolate/Vanilla Twist Cone</b>	<b>5 Ounce</b>	<b>144</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>29</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
SOFT SERVE IC IN A WAFFLE CONE											
<b>Vanilla Waffle Cone</b>	<b>1 Each</b>	<b>342</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>130</b>	<b>34</b>	<b>1</b>	<b>30</b>	<b>6</b>
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Chocolate Waffle Cone</b>	<b>1 Each</b>	<b>362</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>130</b>	<b>36</b>	<b>1</b>	<b>32</b>	<b>6</b>
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Chocolate/Vanilla Twist Waffle Cone</b>	<b>1 Each</b>	<b>352</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>175</b>	<b>61</b>	<b>1</b>	<b>40</b>	<b>8</b>
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
SOFT SERVE IC IN A DIPPED WAFFLE CONE											
<b>Vanilla Dipped Waffle Cone</b>	<b>1 Each</b>	<b>498</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>76</b>	<b>2</b>	<b>52</b>	<b>12</b>
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	9
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate Dipped Waffle Cone</b>	<b>1 Each</b>	<b>518</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>78</b>	<b>2</b>	<b>54</b>	<b>9</b>
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate/Vanilla Twist Dipped Waffle Cone</b>	<b>1 Each</b>	<b>508</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>77</b>	<b>2</b>	<b>53</b>	<b>9</b>
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
ICE CREAM TOPPINGS											
<b>Gummy Worms, Case</b>	<b>42 Grams</b>	<b>140</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>31</b>	<b>0</b>	<b>22</b>	<b>3</b>
<b>Sprinkles- Rainbow</b>	<b>1 Ounce</b>	<b>140</b>	<b>6</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>21</b>	<b>0</b>	<b>14</b>	<b>0</b>
BOTTLED BEVERAGES											
<b>Milk- 2% Pints</b>	<b>1 Each</b>	<b>120</b>	<b>5</b>	<b>4</b>	<b>0</b>	<b>25</b>	<b>120</b>	<b>11</b>	<b>0</b>	<b>11</b>	<b>8</b>

## Sweet Stuff

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SNACKS</b>											
<b>Kettle Corn</b>	<b>1 Bag</b>	<b>2414</b>	<b>109</b>	<b>15</b>	<b>0</b>	<b>0</b>	<b>4300</b>	<b>368</b>	<b>31</b>	<b>206</b>	<b>25</b>
Popcorn- Mushroom	7.275 Ounce	688	6	0	0	0	63	163	31	0	25
Sugar- White	.2525 Ounce	771	0	0	0	0	0	206	0	206	0
Table Salt	.375 Ounce	0	0	0	0	0	4237	0	0	0	0
Fry Oil- Soybean	3.625 Ounce	956	103	15	0	0	0	0	0	0	0
<b>Cotton Candy Floss- Bubble Gum Pink</b>	<b>1 Bag</b>	<b>423</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>106</b>	<b>0</b>	<b>106</b>	<b>0</b>
<b>Popcorn</b>	<b>1 box</b>	<b>452</b>	<b>30</b>	<b>24</b>	<b>0</b>	<b>0</b>	<b>1455</b>	<b>45</b>	<b>9</b>	<b>0</b>	<b>7</b>
Popcorn- Maxi Pop	2 Ounce	189	2	0	0	0	17	45	9	0	7
Coconut Oil	1 Ounce	263	28	24	0	0	0	0	0	0	0
Flavacol Salt	.125 Ounce	0	0	0	0	0	1437	0	0	0	0
<b>SOFT SERVE IN A CUP</b>											
<b>Chocolate Ice Cream</b>	<b>5 Ounce</b>	<b>150</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>23</b>	<b>0</b>	<b>20</b>	<b>4</b>
<b>Vanilla Ice Cream</b>	<b>5 Ounce</b>	<b>138</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>82</b>	<b>21</b>	<b>0</b>	<b>19</b>	<b>4</b>
<b>Chocolate/Vanilla Twist</b>	<b>5 Ounce</b>	<b>144</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>81</b>	<b>22</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
<b>Dole Whip- Pineapple in a Cup</b>	<b>5 ounce</b>	<b>134</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>31</b>	<b>0</b>	<b>30</b>	<b>0</b>
<b>Dole Whip- Strawberry</b>	<b>5 Ounce</b>	<b>134</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>31</b>	<b>0</b>	<b>28</b>	<b>0</b>
<b>Dole Whip- Pineapple/Strawberry in a Cup</b>	<b>5 ounce</b>	<b>134</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>31</b>	<b>0</b>	<b>29</b>	<b>0</b>
Dole Soft Serve- Pineapple	2.5 Ounce	67	0	0	0	0	7	16	0	15	0
Dole Soft Serve- Strawberry	2.5 Ounce	67	0	0	0	0	7	16	0	14	0
<b>SOFT SERVE IC IN A CONE</b>											
<b>Chocolate Ice Cream Cone</b>	<b>5 Ounce</b>	<b>150</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>30</b>	<b>0</b>	<b>20</b>	<b>4</b>
Soft Serve- Chocolate	5 Ounce	150	4	3	0	19	81	23	0	20	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Vanilla Ice Cream Cone</b>	<b>5 Ounce</b>	<b>138</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>97</b>	<b>28</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>Chocolate/Vanilla Twist Cone</b>	<b>5 Ounce</b>	<b>144</b>	<b>4</b>	<b>3</b>	<b>0</b>	<b>19</b>	<b>96</b>	<b>29</b>	<b>0</b>	<b>19</b>	<b>4</b>
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
<b>SOFT SERVE IC IN A WAFFLE CONE</b>											
<b>Vanilla Waffle Cone</b>	<b>1 Each</b>	<b>342</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>130</b>	<b>34</b>	<b>1</b>	<b>30</b>	<b>6</b>
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Chocolate Waffle Cone</b>	<b>1 Each</b>	<b>362</b>	<b>6</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>130</b>	<b>36</b>	<b>1</b>	<b>32</b>	<b>6</b>
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>Chocolate/Vanilla Twist Waffle Cone</b>	<b>1 Each</b>	<b>352</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>175</b>	<b>61</b>	<b>1</b>	<b>40</b>	<b>8</b>
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
<b>SOFT SERVE IC IN A DIPPED WAFFLE CONES</b>											
<b>Vanilla Dipped Waffle Cone</b>	<b>1 Each</b>	<b>498</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>76</b>	<b>2</b>	<b>52</b>	<b>12</b>
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	9
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate Dipped Waffle Cone</b>	<b>1 Each</b>	<b>518</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>78</b>	<b>2</b>	<b>54</b>	<b>9</b>
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>Chocolate/Vanilla Twist Dipped Waffle Cone</b>	<b>1 Each</b>	<b>508</b>	<b>17</b>	<b>10</b>	<b>0</b>	<b>30</b>	<b>187</b>	<b>77</b>	<b>2</b>	<b>53</b>	<b>9</b>
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>ICE CREAM TOPPINGS</b>											
<b>Gummy Worms, Case</b>	<b>42 Grams</b>	<b>140</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>31</b>	<b>0</b>	<b>22</b>	<b>3</b>
<b>Sprinkles- Rainbow</b>	<b>1 Ounce</b>	<b>140</b>	<b>6</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>21</b>	<b>0</b>	<b>14</b>	<b>0</b>
<b>Ice Cream Coating- Chocolate</b>	<b>1 Ounce</b>	<b>220</b>	<b>19</b>	<b>17</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>12</b>	<b>2</b>	<b>10</b>	<b>1</b>
<b>Topping- Caramel Sauce</b>	<b>1 Ounce</b>	<b>110</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>75</b>	<b>26</b>	<b>0</b>	<b>23</b>	<b>1</b>
<b>Topping- Oreo Cookie</b>	<b>1 Ounce</b>	<b>130</b>	<b>5</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>105</b>	<b>20</b>	<b>1</b>	<b>11</b>	<b>1</b>

FLOATS											
<b>Root Beer Float</b>	<b>16 oz</b>	<b>380</b>	<b>9</b>	<b>6</b>	<b>0</b>	<b>45</b>	<b>203</b>	<b>64</b>	<b>0</b>	<b>58</b>	<b>9</b>
Root Beer	4 oz	50	0	0	0	0	8	14	0	14	0
Vanilla Ice Cream	12 oz	330	9	6	0	45	195	51	0	45	9
<b>Red Cream Float</b>	<b>16 oz</b>	<b>379</b>	<b>9</b>	<b>6</b>	<b>0</b>	<b>45</b>	<b>205</b>	<b>64</b>	<b>0</b>	<b>58</b>	<b>9</b>
Big Red	4 oz	50	0	0	0	0	10	13	0	13	0
Vanilla Ice Cream	12 oz	330	9	6	0	45	195	51	0	45	9
<b>Dole Whip - Pineapple Float</b>	<b>16 oz</b>	<b>218</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>51</b>	<b>0</b>	<b>48</b>	<b>1</b>
Dole Soft Serve- Pineapple	5 Ounce	134	0	0	0	0	15	31	0	30	0
Juice- Pineapple, 48-6oz Cans	5 Ounce	84	0	0	0	0	0	20	0	18	1
SMALL DIPPIN' DOTS											
Dippin' Dots- Banana Split	5 ounce	267	13	8	0	40	75	33	0	32	5
Dippin' Dots- Chocolate Chip Cookie Dough	5 ounce	383	18	10	0	33	192	53	0	40	7
Dippin' Dots- Cookies & Cream	5 ounce	333	18	12	0	50	125	37	0	28	5
Dippin' Dots- Rainbow Ice, Bulk	5 Ounce	167	2	0	0	0	0	43	0	25	0
LARGE DIPPIN' DOTS											
Dippin' Dots- Banana Split	9 ounce	480	24	15	0	72	135	60	0	57	9
Dippin' Dots- Chocolate Chip Cookie Dough	9 ounce	690	33	18	0	60	345	96	0	72	12
Dippin' Dots- Cookies & Cream	9 ounce	600	33	21	0	90	225	66	0	51	9
Dippin' Dots- Rainbow Ice, Bulk	9 Ounce	301	4	0	0	0	0	77.4	0	25	0

### ICEE Mix It Up

Menu Items	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
ICEE - Banana	6 Ounce	80	0	0	0	0	10	20	0	20	0
ICEE - Blue Raspberry	6 Ounce	95	0	0	0	0	5	24	0	24	0
ICEE - Grape	6 Ounce	80	0	0	0	0	10	20	0	20	0
ICEE - Green Apple	6 Ounce	80	0	0	0	0	10	21	0	21	0
ICEE - Lemonade	6 Ounce	80	0	0	0	0	10	21	0	21	0
ICEE - Orange	6 Ounce	80	0	0	0	0	10	20	0	20	0
ICEE - Pepsi Cola	6 Ounce	80	0	0	0	0	10	20	0	20	0
ICEE - Red Cherry	6 Ounce	80	0	0	0	0	10	20	0	20	0
ICEE - Watermelon	6 Ounce	80	0	0	0	0	10	20	0	20	0

### Plymouth Rock Café

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
ENTREES											
<b>Beef Brisket</b>	<b>4 ounce</b>	<b>260</b>	<b>13</b>	<b>5</b>	<b>0</b>	<b>83</b>	<b>565</b>	<b>9</b>	<b>0</b>	<b>9</b>	<b>30</b>
Beef Brisket- Whole, Frozen Case	3.5 Ounce	213	12	5	0	83	319	0	0	0	30
BBQ Sauce- Sokehouse, Bulk	1 Ounce	47	1	0	0	0	246	9	0	9	0
<b>Chicken and Dumplings (Adult Portion)</b>	<b>4 ounce</b>	<b>264</b>	<b>13</b>	<b>4</b>	<b>0</b>	<b>65</b>	<b>694</b>	<b>20</b>	<b>1</b>	<b>0</b>	<b>15</b>
Chicken and Dumplings (Child Portion)	2 ounce	132	6	2	0	32	347	10	1	0	8
<b>Pulled Pork (Adult)</b>	<b>6 Ounce</b>	<b>324</b>	<b>24</b>	<b>8</b>	<b>0</b>	<b>101</b>	<b>769</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>24</b>
Pulled Pork (Child)	3 Ounce	162	12	4	0	51	385	0	0	0	12
<b>Oven Roasted Chicken</b>	<b>6 Ounce</b>	<b>364</b>	<b>20</b>	<b>6</b>	<b>0</b>	<b>132</b>	<b>1215</b>	<b>4</b>	<b>0</b>	<b>2</b>	<b>40</b>
<b>Roasted Turkey (Adult Portion)</b>	<b>6 Ounce</b>	<b>182</b>	<b>5</b>	<b>3</b>	<b>0</b>	<b>99</b>	<b>790</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>35</b>
Roasted Turkey (Child Portion)	3 Ounce	91	3	2	0	49	395	1	0	1	17
<b>Fried Chicken</b>		<b>451</b>	<b>26</b>	<b>8</b>	<b>0</b>	<b>128</b>	<b>1507</b>	<b>18</b>	<b>1</b>	<b>0</b>	<b>34</b>
Chicken- 8 Piece	4 Ounce	200	14	4	0	70	710	0	0	0	17
Chicken Breeding	1 oz										
Fry Oil	0.15 oz	38	1				29	6		2	1
SIDE ITEMS											
<b>Green Beans</b>	<b>4 Ounce</b>	<b>116</b>	<b>8</b>	<b>1</b>	<b>2</b>	<b>0</b>	<b>932</b>	<b>11</b>	<b>2</b>	<b>4</b>	<b>2</b>
Green Beans	3.5 Ounce	29	0	0	0	0	6	7	2	4	2
Margarine Sticks	.34 Ounce	69	8	1	2	0	76	0	0	0	0
Seasoning Salt	.1 Ounce	0	0	0	0	0	850	0	0	0	0
Garlic Herb Seasoning	.1 Ounce	18	0	0	0	0	0	4	0	0	0
<b>Mashed Potatoes w/ Gravy</b>	<b>4 ounce</b>	<b>155</b>	<b>9</b>	<b>6</b>	<b>0</b>	<b>24</b>	<b>654</b>	<b>16</b>	<b>2</b>	<b>2</b>	<b>3</b>
Mashed Potatoes	4 Ounce	145	9	6	0	24	402	14	2	2	2
Gravy	.7 Ounce	11	0	0	0	0	252	2	0	1	1
<b>Applesauce- SS Cups</b>	<b>13 Gram</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
<b>Casserole- Sweet Potato</b>	<b>4 Ounce</b>	<b>290</b>	<b>16</b>	<b>2</b>	<b>0</b>	<b>15</b>	<b>180</b>	<b>36</b>	<b>2</b>	<b>23</b>	<b>2</b>
<b>Cinnamon Apples, Case</b>	<b>4 Ounce</b>	<b>189</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>22</b>	<b>46</b>	<b>1</b>	<b>41</b>	<b>0</b>
<b>Dressing (Stuffing)</b>	<b>4 oz</b>	<b>79</b>	<b>7</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>180</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>1</b>

Cornbread	1	150	4	1	0	10	410	26	0	7	3
Fresh Fruit Cup- Grapes	9 ounce	109	0	0	0	0	0	25	2	22	2
Roll- White Dinner	1 Each	140	4	1	0	10	240	23	1	4	3
<b>SALAD</b>											
Salad- Caesar w/ Croutons	1 each	99	8	2	0	13	277	10	2	1	6
Lettuce- Romaine Chopped	3.5 Ounce	18	3	0	0	0	9	4	2	1	1
Cheese- Parmesan Shaved	.5 Ounce	51	4	2	0	13	167	1	0	0	4
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
Salad- Garden w/ Croutons	1 Each	98	5	0	0	0	225	19	3	4	4
Lettuce- Romaine Chopped	3.8 Ounce	18	3	0	0	0	9	4	2	1	1
Onions- Red, Sliced	.5 Ounce	6	0	0	0	0	1	2	0	1	0
Tomatoes- Grape	4 Each	4	0	0	0	0	0	1	0	1	0
Carrots- Shredded Matchsticks	0.6 Ounce	7	0	0	0	0	13	2	0	1	0
Cucumbers, Sliced	1.3 Ounce	3	0	0	0	0	0	1	0	0	0
Croutons- SS Packets	.5 Ounce	61	2	0	0	0	203	10	0	0	2
Salad - Chicken Caesar w/Croutons	1 Each	98	6	0	0	15	290	11	3	2	8
Cheese- Parmesan Shredded	1 Ounce	4	0	0	0	1	12	0	0	0	0
Chicken Patty- Grilled	1 Each	40	1	0	0	14	166	1	0	0	5
Lettuce- Romaine Chopped,	5 Ounce	24	4	0	0	0	11	5	3	2	2
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
Dressing Pouch - Italian Light	43 Grams	15	1	0	0	0	720	2	0	2	0
Dressing Pouch- Caesar	1 Pack	180	18	3	0	10	410	2	0	1	1
Dressing Pouch- Ranch	1 Pack	200	22	4	0	10	320	2	0	1	0
Dressing Pouch - Thousand Island	43 Grams	210	21	3.5	0	20	300	6	0	6	0
Croutons- SS Packets	1 Pack	30	1	0	0	0	100	5	0	0	1
<b>DESSERTS</b>											
Chocolate Pudding Parfait	9 Ounce	357	12	7	0	0	404	64	2	45	3
Pudding- Chocolate	9 Ounce	239	6	1	0	0	399	48	2	32	2
Topping-Frozen Whipped Non-Dairy	.8 Ounce	71	6	6	0	0	0	6	0	6	0
Gummy Worms	1 Each	47	0	0	0	0	5	10	0	7	1
Brownie- Fudge	1 Each	180	6	2	0	0	135	32	1	22	2
Pie- Pecan	1 Slice	530	23	5	2	70	350	74	3	25	6
Pie- Pumpkin	1 Slice	370	16	5	0	50	320	53	2	34	5
<b>CONDIMENTS</b>											
BBQ Sauce- Smokehouse	2 Ounce	100	3	0	0	0	420	20	0	18	0
Honey, SS Packet	1 Each	25	0	0	0	0	0	7	0	7	0
Ketchup, SS Packet	1 EAch	10	0	0	0	0	85	3	0	2	0
Margarine Cup, Whipped	1 Each	70	7	2	2	0	105	0	0	0	0
Pepper Flutes (3 bags/cs)	1 Each	0	0	0	0	0	0	0	0	0	0
Salt Flutes (3 bags/cs)	1 Each	0	0	0	0	0	200	0	0	0	0
<b>BOTTLED BEVERAGES</b>											
Milk- 2% Pints	1 Each	120	5	4	0	25	120	11	0	11	8
Kickstart Black Cherry 16oz	1 Each	80	0	0	0	0	170	20	0	19	0
Kickstart Fruit Punch 16oz	1 Each	80	0	0	0	0	170	20	0	19	0
Mountain Dew Ice	1 Each	160	0	0	0	0	90	41	0	41	0
Ocean Spray Apple Juice	1 Each	110	0	0	0	0	10	27	0	25	0
Ocean Spray Cran-Grape Juic	1 Each	120	0	0	0	0	80	31	0	29	0
Ocean Spray Orange Juice	1 Each	110	0	0	0	0	15	27	0	22	0
Lipton's No Cal Green Peach Tea	1 Each	45	0	0	0	0	45	12	0	12	0
Starbucks Energy- Coffee	1 Each	210	2.5	1.5	0	15	170	36	0	26	12
Starbucks Energy- Mocha	1 Each	200	2.5	1.5	0	15	160	33	0	26	12
Starbucks Energy- Vanilla	1 Each	210	2.5	1.5	0	15	180	34	0	25	12

## Thanksgiving Pretzel Cart

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SNACKS</b>											
Bavarian Pretzel w/ Cheese	1 Each	408	14	4	0	0	1312	60	2	7	9
Pretzel- Bavarian- Frozen, Case	4 Ounce	318	7	2	0	0	522	52	2	5	9
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
Nachos	1 Each	402	20	4	0	0	1035	50	2	2	4
Chips- Tortilla, Yellow Round	2.2 Ounce	312	13	2	0	0	245	42	2	0	4
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
Donut- Mini, Frozen	6 donuts	222	6	0	0	18	420	42	0	24	6
Cinnamon/Sugar Mix											
Caramel/Sugar Mix											
<b>EXTRAS</b>											
Mustard	1 Pack	5	0	0	0	0	85	1	0	0	1

# The Snackhouse

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>ENTREES</b>											
<b>Chicken Tenders</b>	<b>3 Strips</b>	<b>362</b>	<b>20</b>	<b>3</b>	<b>0</b>	<b>47</b>	<b>1037</b>	<b>25</b>	<b>1</b>	<b>0</b>	<b>19</b>
Chicken Strips	5.10 Ounce	293	13	2	0	47	1037	25	1	0	19
Fry Oil- Soybean	.26 Ounce	68	7	1	0	0	0	0	0	0	0
<b>Foot Long Corn Dog</b>											
Foot Long Corn Dog											
Fry Oil- Soybean	.26 Ounce	68	7	1	0	0	0	0	0	0	0
<b>PB&amp;J Sandwiches- Grape Uncrustable</b>	<b>1 Each</b>	<b>320</b>	<b>17</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>320</b>	<b>32</b>	<b>3</b>	<b>13</b>	<b>10</b>
<b>SNACKS</b>											
<b>Bavarian Pretzel w/ Cheese</b>	<b>1 Each</b>	<b>408</b>	<b>14</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1312</b>	<b>60</b>	<b>2</b>	<b>7</b>	<b>9</b>
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
Pretzel- Bavarian	4 Ounce	318	7	2	0	0	522	52	2	5	9
<b>Nachos w/ Cheese</b>	<b>1 Each</b>	<b>402</b>	<b>20</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1035</b>	<b>50</b>	<b>2</b>	<b>2</b>	<b>4</b>
Chips- Tortilla Bulk, Yellow Round	2.2 Ounce	312	13	2	0	0	245	42	2	0	4
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
<b>SIDE ITEMS</b>											
<b>Cheese Curds- Jalapeno</b>	<b>6 Ounce</b>	<b>677</b>	<b>49</b>	<b>24</b>	<b>0</b>	<b>142</b>	<b>1616</b>	<b>23</b>	<b>3</b>	<b>3</b>	<b>37</b>
Cheese Curds- Jalapeno	6 Ounce	624	43	23	0	142	1616	26	3	3	37
Fry Oil- Soybean	.2 Ounce	53	6	1	0	0	0	0	0	0	0
<b>Waffle Fries</b>	<b>8 Ounce</b>	<b>468</b>	<b>21</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1350</b>	<b>62</b>	<b>3</b>	<b>3</b>	<b>5</b>
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
Waffle Fries	8 Ounce	405	14	3	0	0	1350	62	3	3	5
<b>Cheese-Bacon-Ranch Waffle Fries</b>	<b>1 Each</b>	<b>1060</b>	<b>70</b>	<b>19</b>	<b>0</b>	<b>68</b>	<b>3607</b>	<b>73</b>	<b>3</b>	<b>8</b>	<b>25</b>
Bacon- Pieces .5"	2 Ounce	283	20	8	0	41	1012	0	0	0	16
Dressing- Ranch	2 Ounce	189	21	3	0	19	510	2	0	2	2
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
Jalapeno Cheese Sauce	3 Ounce	120	8	4	0	8	735	9	0	3	2
Waffle Fries	8 Ounce	405	14	3	0	0	1350	62	3	3	5
<b>Chili Cheese Waffle Fries</b>	<b>1 Each</b>	<b>709</b>	<b>35</b>	<b>11</b>	<b>0</b>	<b>8</b>	<b>3305</b>	<b>83</b>	<b>7</b>	<b>8</b>	<b>13</b>
Chili Sauce	4 Ounce	120	6	3	0	0	1220	12	4	2	6
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
Jalapeno Cheese Sauce	3 Ounce	120	8	4	0	8	735	9	0	3	2
Waffle Fries	8 Ounce	405	14	3	0	0	1350	62	3	3	5
<b>French Fries</b>	<b>8 Ounce</b>	<b>441</b>	<b>23</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>810</b>	<b>57</b>	<b>3</b>	<b>3</b>	<b>3</b>
French Fries	8 Ounce	378	16	5	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
<b>Applesauce- SS Cup</b>	<b>1 Each</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
<b>HAND-DIPPED IC IN A CUP</b>											
<b>Ice Cream- Chocolate</b>	<b>4 Ounce</b>	<b>140</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>50</b>	<b>17</b>	<b>0</b>	<b>13</b>	<b>3</b>
<b>Ice Cream- Chocolate Chip Cookie Dough</b>	<b>4 Ounce</b>	<b>170</b>	<b>8</b>	<b>5</b>	<b>1</b>	<b>25</b>	<b>65</b>	<b>21</b>	<b>0</b>	<b>15</b>	<b>3</b>
<b>Ice Cream- Cookies 'n Cream</b>	<b>4 Ounce</b>	<b>150</b>	<b>7</b>	<b>5</b>	<b>0</b>	<b>25</b>	<b>80</b>	<b>19</b>	<b>0</b>	<b>13</b>	<b>2</b>
<b>Ice Cream- Pralines-N-Cream</b>	<b>4 Ounce</b>	<b>330</b>	<b>17</b>	<b>9</b>	<b>0</b>	<b>61</b>	<b>170</b>	<b>40</b>	<b>0</b>	<b>35</b>	<b>5</b>
<b>HAND-DIPPED IC IN A CONE</b>											
<b>Chocolate in a Cone</b>		<b>140</b>	<b>7</b>	<b>4</b>	<b>0</b>	<b>30</b>	<b>65</b>	<b>24</b>	<b>0</b>	<b>13</b>	<b>3</b>
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Chocolate	4 Ounce	140	7	4	0	30	65	24	0	13	3
<b>Chocolate Chip Cookie Dough in a Cone</b>		<b>170</b>	<b>8</b>	<b>5</b>	<b>1</b>	<b>25</b>	<b>80</b>	<b>28</b>	<b>0</b>	<b>15</b>	<b>3</b>
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Chocolate Chip Cookie Dough	4 Ounce	170	8	5	1	25	65	21	0	15	3
<b>Cookies &amp; Cream in a Cone</b>		<b>150</b>	<b>7</b>	<b>5</b>	<b>0</b>	<b>25</b>	<b>95</b>	<b>26</b>	<b>0</b>	<b>13</b>	<b>2</b>
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Cookies 'n Cream	4 Ounce	150	7	5	0	25	80	19	0	13	2
<b>Pralines-N-Cream in a Cone</b>		<b>330</b>	<b>17</b>	<b>9</b>	<b>0</b>	<b>61</b>	<b>185</b>	<b>47</b>	<b>0</b>	<b>35</b>	<b>5</b>
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Ice Cream- Pralines-N-Cream	4 Ounce	330	17	9	0	61	170	40	0	35	5
<b>HAND-DIPPED IC IN WAFFLE CONE</b>											
<b>Chocolate in a Waffle Cone</b>		<b>332</b>	<b>12</b>	<b>6</b>	<b>0</b>	<b>45</b>	<b>120</b>	<b>52</b>	<b>1</b>	<b>29</b>	<b>7</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Ice Cream	6 Ounce	210	11	6	0	45	75	26	0	20	5
<b>Chocolate Chip Cookie Dough in a Waffle Cone</b>		<b>377</b>	<b>13</b>	<b>8</b>	<b>1</b>	<b>38</b>	<b>143</b>	<b>58</b>	<b>1</b>	<b>32</b>	<b>7</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Chip Ice Cream	6 Ounce	255	12	8	1	38	98	32	0	23	5
<b>Cookies &amp; Cream in a Waffle Cone</b>		<b>347</b>	<b>12</b>	<b>7</b>	<b>0</b>	<b>38</b>	<b>165</b>	<b>55</b>	<b>1</b>	<b>29</b>	<b>5</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Cookies 'n Cream Ice Cream	6 Ounce	225	11	7	0	38	120	29	0	20	3
<b>Pralines-N-Cream in a Waffle Cone</b>		<b>617</b>	<b>27</b>	<b>14</b>	<b>0</b>	<b>92</b>	<b>300</b>	<b>86</b>	<b>1</b>	<b>62</b>	<b>10</b>

Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Pralines-N-Cream	6 Ounce	495	26	14	0	92	255	60	0	53	8

<b>HAND-DIPPED IC IN DIPPED WAFFLE CONE</b>											
<b>Chocolate in a Dipped Waffle Cone</b>		<b>448</b>	<b>22</b>	<b>12</b>	<b>0</b>	<b>45</b>	<b>132</b>	<b>68</b>	<b>2</b>	<b>42</b>	<b>8</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Chocolate Ice Cream	6 Ounce	210	11	6	0	45	75	26	0	20	5
<b>Chocolate Chip Cookie Dough in a Dipped Waffle Cone</b>		<b>533</b>	<b>23</b>	<b>14</b>	<b>1</b>	<b>38</b>	<b>155</b>	<b>74</b>	<b>2</b>	<b>45</b>	<b>8</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Chocolate Chip Ice Cream	6 Ounce	255	12	8	1	38	98	32	0	23	5
<b>Cookies &amp; Cream in a Dipped Waffle Cone</b>		<b>503</b>	<b>22</b>	<b>13</b>	<b>0</b>	<b>38</b>	<b>177</b>	<b>71</b>	<b>2</b>	<b>42</b>	<b>6</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
Cookies 'n Cream Ice Cream	6 Ounce	225	11	7	0	38	120	29	0	20	3
<b>Pralines-N-Cream in a Waffle Cone</b>		<b>773</b>	<b>37</b>	<b>20</b>	<b>0</b>	<b>92</b>	<b>312</b>	<b>102</b>	<b>2</b>	<b>75</b>	<b>11</b>
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Ice Cream- Pralines-N-Cream	6 Ounce	495	26	14	0	92	255	60	0	53	8
Chocolate Enrober Coating	1 ounce	156	10	6	0	0	12	16	1	13	1
<b>ICE CREAM TOPPINGS</b>											
<b>Gummy Worms</b>	<b>2 Each</b>	<b>140</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>31</b>	<b>0</b>	<b>22</b>	<b>3</b>
<b>Sprinkles- Rainbow</b>	<b>1 Ounce</b>	<b>140</b>	<b>6</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>21</b>	<b>0</b>	<b>14</b>	<b>0</b>
<b>CONDIMENTS/EXTRAS</b>											
<b>Dipping Cup- Honey Mustard</b>	<b>1 Cup</b>	<b>80</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>5</b>	<b>230</b>	<b>10</b>	<b>0</b>	<b>9</b>	<b>0</b>
<b>Dipping Cup- Ranch</b>	<b>1 Cup</b>	<b>210</b>	<b>22</b>	<b>4</b>	<b>0</b>	<b>20</b>	<b>310</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>Ketchup, SS Packet</b>	<b>1 Pack</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>3</b>	<b>0</b>	<b>2</b>	<b>0</b>
<b>Pepper Flutes</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Salt Flutes</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>BOTTLED BEVERAGES</b>											
<b>Kickstart Fruit Punch 16oz</b>	<b>1 Each</b>	<b>80</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>20</b>	<b>0</b>	<b>19</b>	<b>0</b>
<b>Mountain Dew Ice</b>	<b>1 Each</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>90</b>	<b>41</b>	<b>0</b>	<b>41</b>	<b>0</b>
<b>Kickstart Black Cherry 16oz</b>	<b>1 Each</b>	<b>80</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>20</b>	<b>0</b>	<b>19</b>	<b>0</b>
<b>Pure Leaf Raspberry Tea - 18.5 oz</b>	<b>1 Each</b>	<b>180</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>46</b>	<b>0</b>	<b>46</b>	<b>0</b>
<b>Pure Leaf Sweetened Tea - 18.5oz</b>	<b>1 Each</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>42</b>	<b>0</b>	<b>42</b>	<b>0</b>
<b>Pure Leaf Sweetened Tea with Lemon - 18.5oz</b>	<b>1 Each</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>41</b>	<b>0</b>	<b>41</b>	<b>0</b>
<b>Pure Leaf Tea Extra Sweet - 18.5oz</b>	<b>1 Each</b>	<b>250</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>65</b>	<b>0</b>	<b>65</b>	<b>0</b>
<b>Pure Leaf Unsweetened Black Tea - 18.5oz</b>	<b>1 Each</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Starbucks Energy- Coffee</b>	<b>1 Each</b>	<b>210</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>170</b>	<b>36</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Energy- Mocha</b>	<b>1 Each</b>	<b>200</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>160</b>	<b>33</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Energy- Vanilla</b>	<b>1 Each</b>	<b>210</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>180</b>	<b>34</b>	<b>0</b>	<b>25</b>	<b>12</b>

## Wildebeestro

<b>Menu Items</b> (ready-to-eat)	<i>Amount</i>	<i>Calories</i>	<i>Total Fat (g)</i>	<i>Sat. Fat (g)</i>	<i>Trans Fat (g)</i>	<i>Cholest erol (mg)</i>	<i>Sodium (mg)</i>	<i>Total Carbs (g)</i>	<i>Dietary Fiber (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
<b>ENTREES</b>											
<b>Cheeseburger</b>	<b>1 each</b>	<b>616</b>	<b>36</b>	<b>14</b>	<b>0</b>	<b>190</b>	<b>956</b>	<b>36</b>	<b>1</b>	<b>8</b>	<b>33</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Hamburger, 4oz	4 Ounce	300	23	9	0	85	290	0	0	0	21
Cheese- Cheddar Slices	21 Grams	80	7	4	0	20	135	0	0	0	5
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomatoes- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
<b>Bacon Cheeseburger</b>	<b>1 Each</b>	<b>661</b>	<b>39</b>	<b>16</b>	<b>0</b>	<b>209</b>	<b>1316</b>	<b>36</b>	<b>1</b>	<b>8</b>	<b>39</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Hamburger, 4oz	4 Ounce	300	23	9	0	85	290	0	0	0	21
Bacon	.32 Ounce	45	3	2	0	19	360	0	0	0	6
Cheese- Cheddar Slices	21 Grams	80	7	4	0	20	135	0	0	0	5
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomatoes- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
<b>Hamburger</b>	<b>1 each</b>	<b>536</b>	<b>29</b>	<b>10</b>	<b>0</b>	<b>170</b>	<b>821</b>	<b>36</b>	<b>1</b>	<b>8</b>	<b>28</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Hamburger, 4oz	4 Ounce	300	23	9	0	85	290	0	0	0	21
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomatoes- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0

<b>Double Cheeserburger</b>	<b>1 each</b>	<b>993</b>	<b>66</b>	<b>27</b>	<b>0</b>	<b>259</b>	<b>1136</b>	<b>35</b>	<b>1</b>	<b>7</b>	<b>49</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Cheese- Cheddar Slices	42 Grams	160	14	8	0	4	26	0	0	0	0
Hamburger, 4oz	8 Ounce	600	46	18	0	170	580	0	0	0	42
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced,	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomatoes- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0
<b>Double Hamburger</b>	<b>1 each</b>	<b>836</b>	<b>52</b>	<b>19</b>	<b>0</b>	<b>255</b>	<b>1111</b>	<b>36</b>	<b>1</b>	<b>8</b>	<b>49</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Hamburger, 4oz	8 Ounce	600	46	18	0	170	580	0	0	0	42
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced,	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomatoes- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0
<b>Beest Burger</b>	<b>1 Each</b>	<b>1026</b>	<b>67</b>	<b>23</b>	<b>0</b>	<b>242</b>	<b>2162</b>	<b>56</b>	<b>2</b>	<b>13</b>	<b>46</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Hamburger	4 Ounce	300	23	9	0	85	290	0	0	0	21
Cheese- Cheddar Slices	1.5 Ounce	162	14	8	0	41	273	0	0	0	10
Bacon	.4 Ounce	57	4	2	0	24	450	0	0	0	7
Dressing- Chipotle Ranch	1.3 Ounce	182	18	3	0	7	299	5	0	3	0
Onion Rings	2.0 Ounce	73	0	0	0	0	320	15	1	2	1
Fry Oil- Soybean	.06 Ounce	16	2	0	0	0	0	0	0	0	0
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced,	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomato- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
<b>Grilled Chicken Sandwich w/ Cheese</b>	<b>1 each</b>	<b>457</b>	<b>18</b>	<b>7</b>	<b>0</b>	<b>155</b>	<b>1248</b>	<b>39</b>	<b>1</b>	<b>8</b>	<b>31</b>
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Chicken Patty- Grilled	1 Patty	140	5	2	0	50	580	3	0	0	19
Cheese- Cheddar Slices	1 Slice	81	7	4	0	20	137	0	0	0	5
Lettuce, Leaf	.57 Ounce	3	0	0	0	0	10	0	0	0	0
Onions- Red, Sliced,	.33 Ounce	4	0	0	0	0	0	1	0	0	0
Tomatoes- Sliced	.5 Ounce	3	0	0	0	0	1	1	0	1	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomato- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
<b>Chicken Bacon Ranch Wrap</b>	<b>1 Wrap</b>	<b>722</b>	<b>48</b>	<b>14</b>	<b>0</b>	<b>110</b>	<b>2020</b>	<b>35</b>	<b>4</b>	<b>7</b>	<b>41</b>
Tortilla- 10" Whole Grain Flour	1 Each	180	5	2	0	0	250	29	3	2	5
Deli Meat- Chicken	3 Ounce	91	2	0	0	46	577	2	0	2	18
Bacon- Pieces	1 Ounce	142	10	4	0	20	506	0	0	0	8
Cheese- Cheddar Jack Shredded	1 Ounce	111	9	5	0	25	172	1	0	0	7
Dressing- Ranch	2 Ounce	189	21	3	0	19	510	2	0	2	2
Lettuce- Romaine Chopped	1.5 Ounce	7	1	0	0	0	3	1	1	1	1
Tomatoes- Diced	.5 Ounce	2	0	0	0	0	2	0	0	0	0
<b>Hot Dog</b>	<b>1 Each</b>	<b>350</b>	<b>24</b>	<b>9</b>	<b>0</b>	<b>40</b>	<b>930</b>	<b>23</b>	<b>1</b>	<b>3</b>	<b>12</b>
Buns- Hot Dog	1 Each	110	2	0	0	0	220	21	1	2	3
Hot Dog: 8:1 All Beef	1 Each	240	22	9	0	40	710	2	0	1	9
<b>PB&amp;J Sandwiches- Grape</b>	<b>1 Each</b>	<b>320</b>	<b>17</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>320</b>	<b>32</b>	<b>3</b>	<b>13</b>	<b>10</b>
<b>Hummus Snack Pack</b>	<b>1 Each</b>	<b>284</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>903</b>	<b>51</b>	<b>6</b>	<b>18</b>	<b>7</b>
Carrots- Baby	3 Ounce	28	0	0	0	0	68	6	0	6	0
Grapes- Red Seedless	3 Ounce	45	0	0	0	0	0	10	1	9	1
Hummus- Red Pepper	2 Ounce	101	5	0	0	0	385	12	4	2	4
Pretzels- Mini Twist	1 Ounce	110	1	0	0	0	450	23	1	1	2
<b>Mini Meal- Grilled Cheese w/ Fries and Juice Box</b>	<b>1 Meal</b>	<b>932</b>	<b>68</b>	<b>26</b>	<b>0</b>	<b>75</b>	<b>2413</b>	<b>63</b>	<b>2</b>	<b>16</b>	<b>19</b>
Buns - Hamburger, 3.75" Elf Burger	1 Each	110	2	0	0	0	220	21	1	2	3
Butter Alternative- Liquid, Case	1 Ounce	243	28	5	0	0	223	0	0	0	0
Cheese- American Slices	3 Each	300	27	18	0	75	1560	0	0	0	15
French Fries	4 Ounce	189	8	3	0	0	405	28	1	1	1
Fry Oil- Soybean	.12 Ounce	32	3	0	0	0	0	0	0	0	0
Juice Box- Apple	1 Box	58	0	0	0	0	5	14	0	13	0
<b>Mini Meal- Cheeseburger w/ Fries and Juice Box</b>	<b>1 Meal</b>	<b>639</b>	<b>40</b>	<b>17</b>	<b>2</b>	<b>95</b>	<b>985</b>	<b>44</b>	<b>1</b>	<b>14</b>	<b>24</b>
Bun- Hamburger Slider											
Hamburger- 6:1	100 Grams	260	20	8	2	70	55	0	0	0	18
Cheese- American Slices	1 Slice	100	9	6	0	25	520	1	0	0	5
French Fries	4 Ounce	189	8	3	0	0	405	28	1	1	1
Fry Oil- Soybean	.12 Ounce	32	3	0	0	0	0	0	0	0	0
Juice Box- Apple	1 Box	58	0	0	0	0	5	14	0	13	0

SIDES											
French Fries	8 ounce	441	23	6	0	0	810	57	3	3	3
French Fries	8 Ounce	378	16	5	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
Apples- Granny Smith	1 Each	110	0	0	0	0	2	29	5	22	1
Applesauce- SS Cups	1 Each	90	0	0	0	0	10	22	2	18	0
Chips- BBQ Kettle SS Bags	1 Each	210	12	2	0	0	200	23	2	3	2
Chips- Sea Salt Kettle SS Bags	1 Each	210	13	2	0	0	120	22	2	1	3
Animal Crackers- SS	1 Pack	130	4	1	0	0	140	21	0	6	1
Banana	1 Each	110	0	0	0	0	0	30	3	19	1
SALAD											
Salad- Caesar w/ Croutons	1 each	99	8	2	0	13	277	10	2	1	6
Lettuce- Romaine Chopped	3.5 Ounce	18	3	0	0	0	9	4	2	1	1
Cheese- Parmesan Shaved	.5 Ounce	51	4	2	0	13	167	1	0	0	4
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
Salad- Garden w/ Croutons	1 Each	98	5	0	0	0	225	19	3	4	4
Lettuce- Romaine Chopped	3.8 Ounce	18	3	0	0	0	9	4	2	1	1
Onions- Red, Sliced	.5 Ounce	6	0	0	0	0	1	2	0	1	0
Tomatoes- Grape	4 Each	4	0	0	0	0	0	1	0	1	0
Carrots- Shredded Matchsticks	0.6 Ounce	7	0	0	0	0	13	2	0	1	0
Cucumbers, Sliced	1.3 Ounce	3	0	0	0	0	0	1	0	0	0
Croutons- SS Packets	.5 Ounce	61	2	0	0	0	203	10	0	0	2
Salad - Chicken Caesar w/Croutons	1 Each	98	6	0	0	15	290	11	3	2	8
Cheese- Parmesan Shredded	1 Ounce	4	0	0	0	1	12	0	0	0	0
Chicken Patty- Grilled	1 Each	40	1	0	0	14	166	1	0	0	5
Lettuce- Romaine Chopped,	5 Ounce	24	4	0	0	0	11	5	3	2	2
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
Dressing Pouch - Italian Light	43 Grams	15	1	0	0	0	720	2	0	2	0
Dressing Pouch- Caesar	1 Pack	180	18	3	0	10	410	2	0	1	1
Dressing Pouch- Ranch	1 Pack	200	22	4	0	10	320	2	0	1	0
Dressing Pouch - Thousand Island	43 Grams	210	21	3.5	0	20	300	6	0	6	0
Croutons- SS Packets	1 Pack	30	1	0	0	0	100	5	0	0	1
EXTRAS											
Veggie Dip	2 ounce	113	9	7	0	38	284	4	0	2	2
Chili Sauce	2 Ounce	60	3	2	0	0	610	6	2	1	3
Dressing- Ranch	2 Ounce	200	22	3	0	20	540	2	0	2	2
Jalapeno Cheese Sauce	2 Ounce	80	5	3	0	5	490	6	0	2	1
DESSERTS											
Chocolate Chunk Cookie	1/2 Cookie	320	16	10	0	35	270	41	1	23	3
Fruit Cup- Grapes	9 Ounce	109	0	0	0	0	0	25	2	22	2
Veggie Cup w/ Dip	9 Ounce	181	10	7	0	38	407	17	3	12	4
Broccoli	3 Ounce	26	0	0	0	0	21	4	3	2	3
Carrots- Baby	4.5 Ounce	43	0	0	0	0	102	9	0	9	0
Veggie Dip	2 ounce	113	9	7	0	38	284	4	0	2	2
Fruit Yogurt Parfait	12 Ounce	323	6	1	0	4	177	60	4	36	8
Blueberries	2 Ounce	25	0	0	0	0	0	7	1	3	0
Cereal- Oat 'n Honey Granola	1 Ounce	129	5	1	0	0	98	20	2	8	2
Strawberries	2 Ounce	19	0	0	0	0	0	5	1	5	0
Yogurt- Vanilla Low Fat	6 Ounce	150	1	1	0	4	79	29	1	21	5
Fruit Cup- Strawberries & Blueberries	9 Ounce	116	1	0	0	0	0	31	5	20	2
Blueberries	5.3 Ounce	66	1	0	0	0	0	18	2	7	1
Strawberries	5.3 Ounce	50	0	0	0	0	0	13	3	13	1
Gluten Free Cinnamon Thin Cookies	1 Bag	130	5	2	0	0	180	21	1	13	0
CONDIMENTS											
Salt Flutes (3 bags/cs)	1 Pack	0	0	0	0	0	200	0	0	0	0
Pepper Flutes (3 bags/cs)	1 Pack	0	0	0	0	0	0	0	0	0	0
Ketchup, SS Packet	1 Pack	10	0	0	0	0	85	3	0	2	0
Mayonnaise, SS Packet	1 Pack	90	10	2	0	5	60	0	0	0	0
Mustard, SS Packet	1 Pack	5	0	0	0	0	85	1	0	0	1
Relish, SS Packet	1 Pack	15	0	0	0	0	75	3	0	3	0
BOTTLED BEVERAGES											
Kickstart Black Cherry 16oz -12pk	1 Each	80	0	0	0	0	170	20	0	19	0
Milk- 2% Pints	1 Each	120	5	4	0	25	120	11	0	11	8
Starbucks Energy- Coffee	1 Each	210	3	2	0	15	170	36	0	26	12
Starbucks Energy- Mocha	1 Each	200	3	2	0	15	160	33	0	26	12
Starbucks Energy- Vanilla	1 Each	210	3	2	0	15	180	34	0	25	12
Kickstart Fruit Punch 16oz	1 Each	80	0	0	0	0	170	20	0	19	0
Mountain Dew Ice	1 Each	160	0	0	0	0	90	41	0	41	0
Ocean Spray Apple Juice - 15.2 oz	1 Each	110	0	0	0	0	10	27	0	25	0
Ocean Spray Cran-Grape Jucie- 15.2	1 Each	120	0	0	0	0	80	31	0	29	0
Ocean Spray Orange Juice - 15.2 oz	1 Each	110	0	0	0	0	15	27	0	22	0
Pure Leaf Raspberry Tea - 18.5 oz	1 Each	180	0	0	0	0	0	46	0	46	0
Pure Leaf Sweetened Tea	1 Each	160	0	0	0	0	0	42	0	42	0
Pure Leaf Sweetened Tea with Lemon	1 Each	160	0	0	0	0	0	41	0	41	0

Pure Leaf Tea Extra Sweet - 18.5oz	1 Each	250	0	0	0	0	0	65	0	65	0
Pure Leaf Unsweetened Black Tea	1 Each	0	0	0	0	0	0	0	0	0	0

### Bahari Pretzel Cart

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>SNACKS</b>											
<b>Bavarian Pretzel w/ Cheese</b>	<b>1 Each</b>	<b>408</b>	<b>14</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1312</b>	<b>60</b>	<b>2</b>	<b>7</b>	<b>9</b>
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
Pretzel- Bavarian	4 Ounce	318	7	2	0	0	522	52	2	5	9
<b>Nachos w/ Cheese</b>	<b>1 Each</b>	<b>402</b>	<b>20</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>1035</b>	<b>50</b>	<b>2</b>	<b>2</b>	<b>4</b>
Chips- Tortilla Bulk, Yellow Round	2.2 Ounce	312	13	2	0	0	245	42	2	0	4
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
<b>EXTRAS</b>											
<b>Jalapenos- Sliced</b>	<b>2 Ounce</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>560</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>0</b>
<b>Mustard</b>	<b>1 Pack</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>1</b>

### Safari Pizza

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>ENTREES</b>											
<b>Pizza Whole, Cheese</b>	<b>8 Slices</b>	<b>4188</b>	<b>183</b>	<b>115</b>	<b>0</b>	<b>364</b>	<b>10755</b>	<b>388</b>	<b>15</b>	<b>35</b>	<b>245</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
<b>Pizza Slice, Cheese</b>	<b>1 Slice</b>	<b>524</b>	<b>23</b>	<b>14</b>	<b>0</b>	<b>46</b>	<b>1344</b>	<b>49</b>	<b>2</b>	<b>4</b>	<b>31</b>
<b>Pizza Whole, Pepperoni</b>	<b>8 Slices</b>	<b>4522</b>	<b>210</b>	<b>124</b>	<b>0</b>	<b>431</b>	<b>11823</b>	<b>388</b>	<b>15</b>	<b>35</b>	<b>256</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
Pepperoni Slices	2.2 ounce	334	27	9	0	67	1068	0	0	0	11
<b>Pizza Slice, Pepperoni</b>	<b>1 Slice</b>	<b>565</b>	<b>26</b>	<b>16</b>	<b>0</b>	<b>54</b>	<b>1478</b>	<b>49</b>	<b>2</b>	<b>4</b>	<b>32</b>
<b>Pizza Whole, Sausage</b>	<b>8 Slices</b>	<b>4452</b>	<b>927</b>	<b>209</b>	<b>0</b>	<b>1927</b>	<b>45382</b>	<b>550</b>	<b>61</b>	<b>25</b>	<b>644</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
Sausage Crumbles, Italian	5 ounce	238	759	112	0	1563	35274	134	45	0	402
<b>Pizza Slice, Sausage</b>	<b>1 Slice</b>	<b>554</b>	<b>116</b>	<b>26</b>	<b>0</b>	<b>241</b>	<b>5673</b>	<b>69</b>	<b>8</b>	<b>3</b>	<b>81</b>
<b>Chicken Tenders</b>	<b>3 Strips</b>	<b>362</b>	<b>20</b>	<b>3</b>	<b>0</b>	<b>47</b>	<b>1037</b>	<b>25</b>	<b>1</b>	<b>0</b>	<b>19</b>
Chicken Strips	5.10 Ounce	293	13	2	0	47	1037	25	1	0	19
Fry Oil- Soybean	.26 Ounce	68	7	1	0	0	0	0	0	0	0
<b>PB&amp;J Sandwiches- Grape Uncrustable</b>	<b>1 Each</b>	<b>320</b>	<b>17</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>320</b>	<b>32</b>	<b>3</b>	<b>13</b>	<b>10</b>
<b>SIDES</b>											
<b>Breadsticks</b>	<b>2 each</b>	<b>321</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>467</b>	<b>56</b>	<b>2</b>	<b>2</b>	<b>8</b>
Breadstick- Plain Soft 7.5"	3.5 Ounce	292	3	0	0	0	467	56	2	2	8
Fry Oil- Soybean	.11 Ounce	29	3	0	0	0	0	0	0	0	0
<b>French Fries</b>	<b>1 Serving</b>	<b>441</b>	<b>23</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>810</b>	<b>57</b>	<b>3</b>	<b>3</b>	<b>3</b>
French Fries	8 Ounce	378	16	5	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
<b>Animal Crackers- SS</b>	<b>1 Pack</b>	<b>130</b>	<b>4</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>140</b>	<b>21</b>	<b>0</b>	<b>6</b>	<b>1</b>
<b>Applesauce- SS Cups</b>	<b>1 Each</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
<b>Chips- BBQ Kettle SS Bags</b>	<b>1 Each</b>	<b>210</b>	<b>12</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>23</b>	<b>2</b>	<b>3</b>	<b>2</b>
<b>Chips- Sea Salt Kettle SS Bags</b>	<b>1 Each</b>	<b>210</b>	<b>13</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>120</b>	<b>22</b>	<b>2</b>	<b>1</b>	<b>3</b>
<b>SALAD</b>											
<b>Salad- Caesar w/ Croutons</b>	<b>1 each</b>	<b>99</b>	<b>8</b>	<b>2</b>	<b>0</b>	<b>13</b>	<b>277</b>	<b>10</b>	<b>2</b>	<b>1</b>	<b>6</b>
Lettuce- Romaine Chopped	3.5 Ounce	18	3	0	0	0	9	4	2	1	1
Cheese- Parmesan Shaved	.5 Ounce	51	4	2	0	13	167	1	0	0	4
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Salad- Garden w/ Croutons</b>	<b>1 Each</b>	<b>98</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>225</b>	<b>19</b>	<b>3</b>	<b>4</b>	<b>4</b>
Lettuce- Romaine Chopped	3.8 Ounce	18	3	0	0	0	9	4	2	1	1
Onions- Red, Sliced	.5 Ounce	6	0	0	0	0	1	2	0	1	0
Tomatoes- Grape	4 Each	4	0	0	0	0	0	1	0	1	0
Carrots- Shredded Matchsticks	0.6 Ounce	7	0	0	0	0	13	2	0	1	0
Cucumbers, Sliced	1.3 Ounce	3	0	0	0	0	0	1	0	0	0
Croutons- SS Packets	.5 Ounce	61	2	0	0	0	203	10	0	0	2
<b>Salad - Chicken Caesar w/Croutons</b>	<b>1 Each</b>	<b>98</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>290</b>	<b>11</b>	<b>3</b>	<b>2</b>	<b>8</b>
Cheese- Parmesan Shredded	1 Ounce	4	0	0	0	1	12	0	0	0	0
Chicken Patty- Grilled	1 Each	40	1	0	0	14	166	1	0	0	5
Lettuce- Romaine Chopped,	5 Ounce	24	4	0	0	0	11	5	3	2	2
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Dressing Pouch - Italian Light</b>	<b>43 Grams</b>	<b>15</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>720</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>0</b>

Dressing Pouch- Caesar	1 Pack	180	18	3	0	10	410	2	0	1	1
Dressing Pouch- Ranch	1 Pack	200	22	4	0	10	320	2	0	1	0
Dressing Pouch - Thousand Island	43 Grams	210	21	3.5	0	20	300	6	0	6	0
Croutons- SS Packets	1 Pack	30	1	0	0	0	100	5	0	0	1

EXTRAS											
Dipping Cup- Garlic Butter	1 Cup	240	26	5	0	0	370	0	0	0	0
Pizza Sauce	2 Ounce	30	1	0	0	0	270	6	1	4	1
Cheese Sauce	2 Ounce	80	5	3	0	5	490	6	0	2	1
CONDIMENTS											
Ketchup, SS Packet	1 Pack	10	0	0	0	0	85	3	0	2	0
Mayonnaise, SS Packet	1 Pack	90	10	2	0	5	60	0	0	0	0
Mustard, SS Packet	1 Pack	5	0	0	0	0	85	1	0	0	1
Pepper Flutes	1 Pack	0	0	0	0	0	0	0	0	0	0
Salt Flutes (3 bags/cs)	1 Pack	0	0	0	0	0	200	0	0	0	0
Dipping Cup- BBQ Sauce	1 Cup	40	0	0	0	0	75	9	0	8	0
Dipping Cup- Honey Mustard	1 Cup	80	5	1	0	5	230	10	0	9	0
Dipping Cup- Ranch	1 Cup	210	22	4	0	20	310	3	0	0	1
BOTTLED BEVERAGES											
Kickstart Black Cherry 16oz -12pk	1 Each	80	0	0	0	0	170	20	0	19	0
Kickstart Fruit Punch 16oz	1 Each	80	0	0	0	0	170	20	0	19	0
Mountain Dew Ice	1 Each	160	0	0	0	0	90	41	0	41	0
Ocean Spray Apple Juice - 15.2 oz	1 Each	110	0	0	0	0	10	27	0	25	0
Ocean Spray Cran-Grape Juice- 15.2	1 Each	120	0	0	0	0	80	31	0	29	0
Ocean Spray Orange Juice - 15.2 oz	1 Each	110	0	0	0	0	15	27	0	22	0
Pure Leaf Sweetened Tea - 18.5oz	1 Each	160	0	0	0	0	0	42	0	42	0
Pure Leaf Sweetened Tea with Lemon	1 Each	160	0	0	0	0	0	41	0	41	0
Pure Leaf Unsweetened Black Tea - 18.5	1 Each	0	0	0	0	0	0	0	0	0	0
ALLERGEN ITEMS											
Gluten Free Cinnamon Thin Cookies	1 Pack	130	5	2	0	0	180	21	1	13	0
Gluten Free Pretzel	1 Each	160	6	1	0	55	65	29	2	4	3
Ian's Chicken Nuggets	5 Each	230	13	1	0	30	260	16	1	0	12
Ian's French Bread Pizza	4 Ounce	200	8	1	0	0	460	26	4	2	2

## Safari Ice Cream

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
SNACKS											
Bavarian Pretzel w/ Cheese	1 Each	408	14	4	0	0	1312	60	2	7	9
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
Pretzel- Bavarian	4 Ounce	318	7	2	0	0	522	52	2	5	9
Nachos w/ Cheese	1 Each	402	20	4	0	0	1035	50	2	2	4
Chips- Tortilla Bulk, Yellow Round	2.2 Ounce	312	13	2	0	0	245	42	2	0	4
Dipping Cup- Nacho Cheese	1 Each	90	7	2	0	0	790	8	0	2	0
EXTRAS											
Jalapenos- Sliced	2 Ounce	10	0	0	0	0	560	2	2	0	0
Mustard	1 Pack	5	0	0	0	0	85	1	0	0	1
SOFT SERVE IC IN A CUP											
Chocolate Ice Cream	5 Ounce	150	4	3	0	19	81	23	0	20	4
Vanilla Ice Cream	5 Ounce	138	4	3	0	19	82	21	0	19	4
Chocolate/Vanilla Twist	5 Ounce	144	4	3	0	19	81	22	0	19	4
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
SOFT SERVE IC IN A CONE											
Chocolate Ice Cream Cone	5 Ounce	150	4	3	0	19	96	30	0	20	4
Soft Serve- Chocolate	5 Ounce	150	4	3	0	19	81	23	0	20	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Vanilla Ice Cream Cone	5 Ounce	138	4	3	0	19	97	28	0	19	4
Soft Serve- Vanilla	5 Ounce	138	4	3	0	19	82	21	0	19	4
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
Chocolate/Vanilla Twist Cone	5 Ounce	144	4	3	0	19	96	29	0	19	4
Soft Serve- Chocolate	2.5 Ounce	75	2	1	0	9	41	11	0	10	2
Soft Serve- Vanilla	2.5 Ounce	69	2	1	0	9	41	11	0	9	2
Ice Cream Cone- Cake	8 Grams	0	0	0	0	0	15	7	0	0	0
SOFT SERVE IC IN A WAFFLE CONE											
Vanilla Waffle Cone	1 Each	342	6	4	0	30	130	34	1	30	6
Soft Serve- Vanilla	8 ounce	220	6	4	0	30	130	34	0	30	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate Waffle Cone	1 Each	362	6	4	0	30	130	36	1	32	6
Soft Serve- Chocolate	8 Ounce	240	6	4	0	30	130	36	0	32	6
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2
Chocolate/Vanilla Twist Waffle Cone	1 Each	352	7	4	0	30	175	61	1	40	8
Soft Serve- Chocolate	4 ounce	120	3	2	0	15	65	18	0	16	3
Soft Serve- Vanilla	4 Ounce	110	3	2	0	15	65	17	0	15	3
Ice Cream Cone- Waffle	29 Grams	122	1	0	0	0	45	26	1	9	2



<b>BBQ Burger</b>	<b>1 each</b>	<b>811</b>	<b>40</b>	<b>14</b>	<b>0</b>	<b>190</b>	<b>1916</b>	<b>76</b>	<b>3</b>	<b>27</b>	<b>35</b>
BBQ Sauce- Smokehouse, Bulk	2 Ounce	95	3	0	0	0	491	19	0	17	0
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Cheese- Cheddar Slices	21 Grams	80	7	4	0	20	135	0	0	0	5
Hamburger, 4oz Pre-Cooked, Frozen Case	4 Ounce	300	23	9	0	85	290	0	0	0	21
Onion Rings	85 Grams	110	1	0	0	0	480	23	2	3	2
Pickle Spears- Bucket	28 Grams	5	0	0	0	0	260	0	0	0	0
Tomatoes- Grape, Fresh Case	1 Each	1	0	0	0	0	0	0	0	0	0
<b>Pulled Pork Sandwich</b>	<b>1 each</b>	<b>326</b>	<b>9</b>	<b>1</b>	<b>0</b>	<b>85</b>	<b>1391</b>	<b>53</b>	<b>1</b>	<b>24</b>	<b>7</b>
BBQ Sauce- Smokehouse	2 Ounce	95	3	0	0	0	491	19	0	17	0
Bun- Brioche 4"	2.4 Ounce	220	6	1	0	85	260	34	1	7	7
Pickle Chips	28 Grams	5	0	0	0	0	380	0	0	0	0
Pickle Spears	28 Grams	5	0	0	0	0	260	0	0	0	0
Pork Butts	4 Ounce	0	0	0	0	0	0	0	0	0	0
Tomatoes- Grape	1 Each	1	0	0	0	0	0	0	0	0	0
<b>Sausage on a Stick</b>	<b>1 Each</b>										
<b>Roasted Corn on the Cob</b>	<b>1 Each</b>	<b>90</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>19</b>	<b>1</b>	<b>0</b>	<b>3</b>
<b>Turkey Leg</b>	<b>1 Each</b>	<b>84</b>	<b>4</b>	<b>1</b>	<b>0</b>	<b>51</b>	<b>360</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>11</b>
<b>Southern Style Nachos</b>	<b>1 each</b>	<b>902</b>	<b>45</b>	<b>18</b>	<b>0</b>	<b>24</b>	<b>1716</b>	<b>105</b>	<b>5</b>	<b>13</b>	<b>12</b>
BBQ Sauce- Smokehouse	1 Ounce	47	1	0	0	0	246	9	0	9	0
Chips- Yellow Corn Tortilla, Triangle	5 Ounce	709	35	10	0	0	759	86	5	0	10
Jalapeno Cheese Sauce	2 Ounce	80	5	3	0	5	490	6	0	2	1
Onions- Red, Sliced	.5 Ounce	6	0	0	0	0	1	2	0	1	0
Pickle Chips	.5 Ounce	3	0	0	0	0	192	0	0	0	0
Pork Butts	3 Ounce	0	0	0	0	0	0	0	0	0	0
Sour Cream	1 Ounce	57	4	3	0	19	28	2	0	1	1
<b>SIDE ITEMS</b>											
<b>Crinkle Cut French Fry</b>	<b>8 ounce</b>	<b>414</b>	<b>21</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>95</b>	<b>51</b>	<b>3</b>	<b>3</b>	<b>5</b>
Crinkle Cut French Fry	8 Ounce	351	14	3	0	0	95	51	3	3	5
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
<b>Applesauce- SS Cups</b>	<b>1 Each</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
<b>EXTRAS</b>											
<b>Cheese Sauce</b>	<b>2 Ounce</b>	<b>80</b>	<b>5</b>	<b>3</b>	<b>0</b>	<b>5</b>	<b>490</b>	<b>6</b>	<b>0</b>	<b>2</b>	<b>1</b>
<b>Fry Seasoning- Buffalo</b>	<b>0.5 tsp</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>156</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>Fry Seasoning- Cheddar</b>	<b>0.5 tsp</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>112</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>Fry Seasoning- Garlic Parmesan</b>	<b>0.5 tsp</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>133</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>BOTTLED BEVERAGES</b>											
<b>Kickstart Black Cherry 16oz</b>	<b>1 Each</b>	<b>80</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>20</b>	<b>0</b>	<b>19</b>	<b>0</b>
<b>Starbucks Energy- Coffee</b>	<b>1 Each</b>	<b>210</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>170</b>	<b>36</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Energy- Mocha</b>	<b>1 Each</b>	<b>200</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>160</b>	<b>33</b>	<b>0</b>	<b>26</b>	<b>12</b>
<b>Starbucks Energy- Vanilla</b>	<b>1 Each</b>	<b>210</b>	<b>2.5</b>	<b>1.5</b>	<b>0</b>	<b>15</b>	<b>180</b>	<b>34</b>	<b>0</b>	<b>25</b>	<b>12</b>

## Jungle Jake's

Menu Items (ready-to-eat)	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholest erol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
<b>ENTREES</b>											
<b>Pizza Whole, Cheese</b>	<b>8 Slices</b>	<b>4188</b>	<b>183</b>	<b>115</b>	<b>0</b>	<b>364</b>	<b>10755</b>	<b>388</b>	<b>15</b>	<b>35</b>	<b>245</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
<b>Pizza Slice, Cheese</b>	<b>1 Slice</b>	<b>524</b>	<b>23</b>	<b>14</b>	<b>0</b>	<b>46</b>	<b>1344</b>	<b>49</b>	<b>2</b>	<b>4</b>	<b>31</b>
<b>Pizza Whole, Pepperoni</b>	<b>8 Slices</b>	<b>4522</b>	<b>210</b>	<b>124</b>	<b>0</b>	<b>431</b>	<b>11823</b>	<b>388</b>	<b>15</b>	<b>35</b>	<b>256</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
Pepperoni Slices	2.2 ounce	334	27	9	0	67	1068	0	0	0	11
<b>Pizza Slice, Pepperoni</b>	<b>1 Slice</b>	<b>565</b>	<b>26</b>	<b>16</b>	<b>0</b>	<b>54</b>	<b>1478</b>	<b>49</b>	<b>2</b>	<b>4</b>	<b>32</b>
<b>Pizza Whole, Sausage</b>	<b>8 Slices</b>	<b>4452</b>	<b>927</b>	<b>209</b>	<b>0</b>	<b>1927</b>	<b>45382</b>	<b>550</b>	<b>61</b>	<b>25</b>	<b>644</b>
Pizza Crust - 16"	29.5 Ounce	1920	36	18	0	0	4680	348	12	24	72
Pizza Sauce	6 ounce	81	1	0	0	0	729	16	3	11	3
Cheese- Mozzarella	24 ounce	2187	146	97	0	364	5346	24	0	0	170
Sausage Crumbles, Italian	5 ounce	238	759	112	0	1563	35274	134	45	0	402
<b>Pizza Slice, Sausage</b>	<b>1 Slice</b>	<b>554</b>	<b>116</b>	<b>26</b>	<b>0</b>	<b>241</b>	<b>5673</b>	<b>69</b>	<b>8</b>	<b>3</b>	<b>81</b>
<b>Chicken Tenders</b>	<b>3 Strips</b>	<b>362</b>	<b>20</b>	<b>3</b>	<b>0</b>	<b>47</b>	<b>1037</b>	<b>25</b>	<b>1</b>	<b>0</b>	<b>19</b>
Chicken Strips	5.10 Ounce	293	13	2	0	47	1037	25	1	0	19
Fry Oil- Soybean	.26 Ounce	68	7	1	0	0	0	0	0	0	0
<b>Boneless Wings- Buffalo</b>	<b>1 Serving</b>	<b>441</b>	<b>33</b>	<b>8</b>	<b>0</b>	<b>100</b>	<b>1908</b>	<b>6</b>	<b>1</b>	<b>0</b>	<b>30</b>
Classic Chicken	148 Grams	382	28	7	0	100	632	3	0	0	30
Fry Oil- Soybean	4.86 Grams	45	5	1	0	0	0	0	0	0	0
Sauce- Buffalo	1.5 Ounce	14	0	0	0	0	1276	3	0	0	0
<b>Boneless Wings- General Tso's</b>	<b>1 Serving</b>	<b>507</b>	<b>33</b>	<b>8</b>	<b>0</b>	<b>100</b>	<b>1230</b>	<b>21</b>	<b>0</b>	<b>15</b>	<b>31</b>
Classic Chicken Wing	148 Grams	382	28	7	0	100	632	3	0	0	30
Fry Oil- Soybean	4.86 Grams	45	5	1	0	0	0	0	0	0	0

Sauce- General Tso	1.5 Ounce	80	0	0	0	0	598	18	0	15	1
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<b>Boneless Wings- Sweet BBQ</b>	<b>1 Serving</b>	<b>507</b>	<b>33</b>	<b>8</b>	<b>0</b>	<b>100</b>	<b>965</b>	<b>24</b>	<b>0</b>	<b>18</b>	<b>30</b>
Classic Chicken Wing Sections	148 Grams	382	28	7	0	100	632	3	0	0	30
Fry Oil- Soybean	4.86 Grams	45	5	1	0	0	0	0	0	0	0
BBQ Sauce- Sweet Baby Ray's	1.5 Ounce	80	0	0	0	0	333	21	0	18	0
<b>PB&amp;J Sandwiches- Grape Uncrustable</b>	<b>1 Each</b>	<b>320</b>	<b>17</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>320</b>	<b>32</b>	<b>3</b>	<b>13</b>	<b>10</b>
<b>SIDE ITEMS</b>											
<b>Breadsticks</b>	<b>2 each</b>	<b>321</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>467</b>	<b>56</b>	<b>2</b>	<b>2</b>	<b>8</b>
Breadstick- Plain Soft 7.5"	3.5 Ounce	292	3	0	0	0	467	56	2	2	8
Fry Oil- Soybean	.11 Ounce	29	3	0	0	0	0	0	0	0	0
<b>French Fries</b>	<b>1 Serving</b>	<b>441</b>	<b>23</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>810</b>	<b>57</b>	<b>3</b>	<b>3</b>	<b>3</b>
French Fries	8 Ounce	378	16	5	0	0	810	57	3	3	3
Fry Oil- Soybean	.24 Ounce	63	7	1	0	0	0	0	0	0	0
<b>Animal Crackers- SS</b>	<b>1 Pack</b>	<b>130</b>	<b>4</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>140</b>	<b>21</b>	<b>0</b>	<b>6</b>	<b>1</b>
<b>Applesauce- SS Cups</b>	<b>1 Each</b>	<b>90</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>10</b>	<b>22</b>	<b>2</b>	<b>18</b>	<b>0</b>
<b>Celery- Sticks</b>	<b>2 Sticks</b>	<b>18</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>88</b>	<b>4</b>	<b>2</b>	<b>2</b>	<b>1</b>
<b>SALAD</b>											
<b>Salad- Caesar w/ Croutons</b>	<b>1 each</b>	<b>99</b>	<b>8</b>	<b>2</b>	<b>0</b>	<b>13</b>	<b>277</b>	<b>10</b>	<b>2</b>	<b>1</b>	<b>6</b>
Lettuce- Romaine Chopped	3.5 Ounce	18	3	0	0	0	9	4	2	1	1
Cheese- Parmesan Shaved	.5 Ounce	51	4	2	0	13	167	1	0	0	4
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Salad- Garden w/ Croutons</b>	<b>1 Each</b>	<b>98</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>225</b>	<b>19</b>	<b>3</b>	<b>4</b>	<b>4</b>
Lettuce- Romaine Chopped	3.8 Ounce	18	3	0	0	0	9	4	2	1	1
Onions- Red, Sliced	.5 Ounce	6	0	0	0	0	1	2	0	1	0
Tomatoes- Grape	4 Each	4	0	0	0	0	0	1	0	1	0
Carrots- Shredded Matchsticks	0.6 Ounce	7	0	0	0	0	13	2	0	1	0
Cucumbers, Sliced	1.3 Ounce	3	0	0	0	0	0	1	0	0	0
Croutons- SS Packets	.5 Ounce	61	2	0	0	0	203	10	0	0	2
<b>Salad - Chicken Caesar w/Croutons</b>	<b>1 Each</b>	<b>98</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>15</b>	<b>290</b>	<b>11</b>	<b>3</b>	<b>2</b>	<b>8</b>
Cheese- Parmesan Shredded	1 Ounce	4	0	0	0	1	12	0	0	0	0
Chicken Patty- Grilled	1 Each	40	1	0	0	14	166	1	0	0	5
Lettuce- Romaine Chopped	.5 Ounce	24	4	0	0	0	11	5	3	2	2
Croutons- SS Packets	.25 Ounce	30	1	0	0	0	101	5	0	0	1
<b>Dressing Pouch - Italian Light</b>	<b>43 Grams</b>	<b>15</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>720</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>0</b>
<b>Dressing Pouch- Caesar</b>	<b>1 Pack</b>	<b>180</b>	<b>18</b>	<b>3</b>	<b>0</b>	<b>10</b>	<b>410</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>1</b>
<b>Dressing Pouch- Ranch</b>	<b>1 Pack</b>	<b>200</b>	<b>22</b>	<b>4</b>	<b>0</b>	<b>10</b>	<b>320</b>	<b>2</b>	<b>0</b>	<b>1</b>	<b>0</b>
<b>Dressing Pouch - Thousand Island</b>	<b>43 Grams</b>	<b>210</b>	<b>21</b>	<b>3.5</b>	<b>0</b>	<b>20</b>	<b>300</b>	<b>6</b>	<b>0</b>	<b>6</b>	<b>0</b>
<b>Croutons- SS Packets</b>	<b>1 Pack</b>	<b>30</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>100</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>EXTRAS</b>											
<b>Dipping Cup- Garlic Butter</b>	<b>1 Cup</b>	<b>240</b>	<b>26</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>370</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Pizza Sauce</b>	<b>2 Ounce</b>	<b>30</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>270</b>	<b>6</b>	<b>1</b>	<b>4</b>	<b>1</b>
<b>Cheese Sauce</b>	<b>2 Ounce</b>	<b>80</b>	<b>5</b>	<b>3</b>	<b>0</b>	<b>5</b>	<b>490</b>	<b>6</b>	<b>0</b>	<b>2</b>	<b>1</b>
<b>BBQ Sauce Bulk- Sweet Baby Ray's</b>	<b>2 Ounce</b>	<b>106</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>478</b>	<b>30</b>	<b>0</b>	<b>26</b>	<b>0</b>
<b>Dressing, Blue Cheese Bulk</b>	<b>2 Ounce</b>	<b>261</b>	<b>28</b>	<b>6</b>	<b>0</b>	<b>19</b>	<b>504</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>2</b>
<b>Dressing- Ranch Bulk</b>	<b>2 Ounce</b>	<b>187</b>	<b>21</b>	<b>2</b>	<b>0</b>	<b>19</b>	<b>504</b>	<b>2</b>	<b>0</b>	<b>2</b>	<b>2</b>
<b>Sauce- Buffalo Bulk</b>	<b>2 Ounce</b>	<b>19</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1680</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Sauce- General Tso, Bulk</b>	<b>2 Ounce</b>	<b>106</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>787</b>	<b>24</b>	<b>0</b>	<b>20</b>	<b>2</b>
<b>Sauce- Kickin' Bourbon, Bulk</b>	<b>2 Ounce</b>	<b>65</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>299</b>	<b>15</b>	<b>0</b>	<b>13</b>	<b>0</b>
<b>CONDIMENTS</b>											
<b>Ketchup, SS Packet</b>	<b>1 Pack</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>85</b>	<b>3</b>	<b>0</b>	<b>2</b>	<b>0</b>
<b>Pepper Flutes</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Salt Flutes (3 bags/cs)</b>	<b>1 Pack</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>200</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>Dipping Cup- BBQ Sauce</b>	<b>1 Cup</b>	<b>40</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>75</b>	<b>9</b>	<b>0</b>	<b>8</b>	<b>0</b>
<b>Dipping Cup- Honey Mustard</b>	<b>1 Cup</b>	<b>80</b>	<b>5</b>	<b>1</b>	<b>0</b>	<b>5</b>	<b>230</b>	<b>10</b>	<b>0</b>	<b>9</b>	<b>0</b>
<b>Dipping Cup- Ranch</b>	<b>1 Cup</b>	<b>210</b>	<b>22</b>	<b>4</b>	<b>0</b>	<b>20</b>	<b>310</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>1</b>
<b>BOTTLED BEVERAGES</b>											
<b>Kickstart Black Cherry 16oz -12pk</b>	<b>1 Each</b>	<b>80</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>20</b>	<b>0</b>	<b>19</b>	<b>0</b>
<b>Kickstart Fruit Punch 16oz</b>	<b>1 Each</b>	<b>80</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>20</b>	<b>0</b>	<b>19</b>	<b>0</b>
<b>Mountain Dew Ice</b>	<b>1 Each</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>90</b>	<b>41</b>	<b>0</b>	<b>41</b>	<b>0</b>
<b>Pure Leaf Sweetened Tea - 18.5oz</b>	<b>1 Each</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>42</b>	<b>0</b>	<b>42</b>	<b>0</b>
<b>Pure Leaf Sweetened Tea with Lemon - 18.5oz</b>	<b>1 Each</b>	<b>160</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>41</b>	<b>0</b>	<b>41</b>	<b>0</b>
<b>Pure Leaf Unsweetened Black Tea - 18.5oz</b>	<b>1 Each</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>ALLERGEN ITEMS</b>											
<b>Gluten Free Cinnamon Thin Cookies</b>	<b>1 Pack</b>	<b>130</b>	<b>5</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>180</b>	<b>21</b>	<b>1</b>	<b>13</b>	<b>0</b>
<b>Gluten Free Pretzel</b>	<b>1 Each</b>	<b>160</b>	<b>6</b>	<b>1</b>	<b>0</b>	<b>55</b>	<b>65</b>	<b>29</b>	<b>2</b>	<b>4</b>	<b>3</b>
<b>Ian's Chicken Nuggets</b>	<b>5 Each</b>	<b>230</b>	<b>13</b>	<b>1</b>	<b>0</b>	<b>30</b>	<b>260</b>	<b>16</b>	<b>1</b>	<b>0</b>	<b>12</b>
<b>Ian's French Bread Pizza</b>	<b>4 Ounce</b>	<b>200</b>	<b>8</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>460</b>	<b>26</b>	<b>4</b>	<b>2</b>	<b>2</b>

## Free Unlimited Fountain Beverages

Menu Items	Amount	Calories	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Big Red	12 oz	150	0	0	0	0	30	38	0	38	0
Caffeine Free Diet Pepsi	12 oz	0	0	0	0	0	38	0	0	0	0
Cherry Pepsi	12 oz	150	0	0	0	0	30	42	0	42	0
Diet Dr. Pepper	12 oz	0	0	0	0	0	60	0	0	0	0
Diet Mountain Dew	12 oz	0	0	0	0	0	60	0	0	0	0
Dr. Pepper	12 oz	150	0	0	0	0	60	40	0	38	0
Mountain Dew	12 oz	165	0	0	0	0	53	44	0	44	0
Mug Rootbeer	12 oz	150	0	0	0	0	23	39	0	39	0
Orange Gatorade	12 oz	75	0	0	0	0	165	21	0	21	0
Pepsi	12 oz	150	0	0	0	0	30	42	0	42	0
Pink Lemonade	12oz	150	0	0	0	0	158	41	0	41	0
Sierra Mist	12 oz	150	0	0	0	0	30	41	0	41	0
Tropicana Fruit Punch Gatorade	12 fl oz	78	0	0	0	0	162	20	0	20	0
Peach Tea	12 oz	68	0	0	0	0	68	18	0	18	0
Brewed Sweet Tea	12 oz	105	0	0	0	0	90	27	0	27	0
Brewed Unsweet Tea	12 oz	0	0	0	0	0	120	0	0	0	0